

about fresh solutions



Check out this week's Fresh Solution,
Mini Pizzas with Tomatoes and Basil, on pages 6 and 7.
Feeling inspired? Pop into a local Save-On-Foods store to pick up the ingredients in one easy stop.

Edmonton
Find your inner Ninja Turtle
DON'T GET
SHOCKED

Your essential daily news | weekend, June 3-5, 2016

High 23°C/Low 9°C Mostly sunny 🖰 🛈

Police target Whyte Ave. fighters

There can be

compromised

decision-making.

There can be

tempers raised,

there can be fights.

Const. Ryan Ferry

ZERO TOLERANCE

New tool to help ban repeat offenders at hotspots



Kevin Maimann Metro Edmonton

Drunken weekend warriors could get themselves banned from Whyte Avenue this summer.

The Edmonton Police Service announced Thursday it is throwing down a zero-toler-

ance policy for repeat criminal code offenders in the nightlife hotspot, with a new tool to ban them from the entire area stretching from 99 to 109 Street and 80 to 84 Av-

Police will approach Crown prosecutors

enue.

with names of repeat offenders to request the area restriction, which will then have to be approved by a judge.

Officers will specifically target criminal code offences related to violence and destruction of property.

"Between the hours of two and three o'clock, when people are pushed into the streets, there can be some compromised decision making. There can be tempers raised, there can be fights," said Const. Ryan Ferry with the EPS Hospitality Policing Unit.

"Hopefully this initiative will give beat police officers and divisional officers one more tool to be able to counteract the repeat behaviour that is just leading to unsafe decision making and ruining it for everybody else."

Anyone caught breaching

a ban will be arrested.

Ferry said most serious violent crimes in Edmonton occur between 2 a.m. and 4 a.m., while disorderly conduct has accounted for 46 per cent of all incidents responded to

on Whyte Avenue so far this

If the pilot project is successful, it could be rolled out to other entertainment zones like Jasper Avenue or the Ice District in the future."





JUNE 1-10

WE ARE GIVING AWAY 40,000 AIR MILES*



TENT TRAILERS





















REGRES 26/993





















REG# \$58,995



REG18/19/995

REG: \$88,995





\$1567 M. Wieekly

FURY DOM: SALE

\$44,999

REG: \$54,095

EDMONTON NORTH 13105 ST. ALBERT TRAIL EDMONTON, ALBERTA (780) 451-6656

FTORKUKETP

EDMONTON SOUTH 1904 - 80 AVENUE

ETOTAKE GERT

EDMONTON, ALBERTA (780) 440-4811

CALGARY 2620 BARLOW TRAIL NE CALGARY, ALBERTA (403) 291-0077



www.ArriKannRV.com

METHINEWS

FORT MCMURRAY WILDFIRE

Diefenbunker's potty issues: Cold War shelter asks for help with toilets. Canada



Return FORT MAC



Alex Boyd Metro | Edmonton

On the cul-de-sac, located 100 metres from the edge of the boreal forest, there is a lesson in the randomness of wildfire.

Paul Allain's house on the corner is gone. Its walls are beginning to buckle and the roof is caving. A scorched set of Christmas lights, all the bulbs shattered, hangs from the corner.

But Mike Stringer's house, right beside Allain's, has been spared.

And on Thursday, the two stood on their cul-de-sac, in the Timberlea neighbourhood of Fort McMurray, and absorbed the aftermath.

"A lot of hard work gone down the drain," Allain said, standing just outside the fence that someone — probably the RCMP — set up to separate his house from his neighbours.

"It took four years to get it to the way my wife wanted it."

Stringer, who had just arrived from Edmonton, appeared shaken. "I thought there were only a

few houses that burned," he said.
"It wasn't expected, as bad
as this."

Timberlea as a neighbourhood only saw 13 homes burn, but this cul-de-sac and the connected street bore the brunt of the damage. A whole row of houses opposite has vanished, leaving skeletons of cars and children's playground equipment. From there, the fire jumped the street to devour a small cluster of homes, Allain's among them.

It stopped at an invisible line dividing his house from his garage — which, aside from the moss green siding that looks



Paul Allain's house was destroyed, but the fire stopped at his garage. KEVIN TUONG/FOR METRO

slightly melted, appears fine.

Allain joked that he saved something from the fire after all: The four dozen beers he'd left in the garage.

As he surveyed the ash, sprayed with a white compound to stop the spread of toxic chemicals it contains, he wasn't sure there was hope of retrieving the

photos and baby clothes that his wife asked him to look for.

His first child was due the day of the fire. Luckily, his son arrived eight days early, so when forced to evacuate, Allain and his family were able to load the baby up and go.

"You just put him in his seat and boot 'er. Twelve hours he was in his car seat," he said.
"Just feeding and going down
the highway."

Despite his loss, he said he plans to rebuild in the neighbourhood, which he added is the sort of place where people shovel each other's driveways when someone's away at work.

But he won't bring a newborn back until the house is fully complete. He hopes to return by Christmas.

Stringer said he's also worried about bringing his three-year-old daughter back. She's been asking why they aren't at home, but has asthma.

"All of my little girl's friends live over there," he says, gesturing towards the row of ash across the street.

"I wouldn't say I wished my place burned," he said, "but when you see all the other guys and their families, where are they going to go?"

Drones soar in wildfire zones

Crews fighting a wildfire around Fort McMurray in northern Alberta say drones are buzzing about and threatening operations.

Senior wildfire manager Chad Morrison says drones haven't affected firefighting operations at this point, but can be dangerous.

"We're still investigating ... (but) my understanding is the fleet is still flying at this point," Morrison.

Drones, while small, can get caught up in the rotors of helicopters or plane propellers.

"Impacts and consequences can be very high, so we want to make sure that people are taking this warning very seriously."

Morrison said he believes the drones are attempting to get aerial footage of the fire.

The area around the blaze that forced more than 80,000 people from their homes is still restricted air space and "as busy as any city airport" as choppers and air tankers continue to fly in and out.

Fines for not following the rules are as high as \$25,000.

The fire is holding at 5,800 square kilometres, but Morrison said most of that area is no longer burning except for some parts of the perimeter.

Scott Long of Alberta Emergency Management said the return of residents to the city has been going smoothly. About 8,000 of 13,000 evacuees eligible to go back did so Wednesday on the first day of a staged re-entry.
THE CANADIAN PRESS



Alberta strangers connect in Sweden

Weekend, June 3-5, 2016



Kevin Maimann Metro Edmonton

On an otherwise typical Tuesday night in Sweden, three Albertans took over a burlesque bar.

One Fort McMurray couple went straight to Europe after being evacuated by wildfire, and on their first night in Stockholm they were served by an Edmonton expat who had not run into a single Albertan since she moved.

"It's very random. I don't know how the universe works out this way," said Emily Rault - a.k.a. burlesque performer Delta Daggers — who serves and performs at the burlesque and jazz cocktail bar Melt.

"They were definitely shocked. It was a strange coincidence."

Rault moved to Stockholm from Edmonton a year and a half ago, and had heard all about the fires through friends on social media as well as Swedish news.

"People in small towns in Sweden know what's happening in Fort McMurray right now," she said.

When the Fort McMurray couple sat down for the bar's weekly bingo night, Rault noticed their accents straight away and struck up a conversation. That's when they told her they had caught a plane to Europe after being evacuated to Edmonton when the wildfires hit.

Rault said the couple was surprisingly upbeat, having heard their house was spared by the blaze, and they stayed all night drinking cocktails and sharing laughs.



It made me a little nostalgic.

Emily Rault

"They were tons of fun," she

"Swedish people have a tendency to be quite reserved To have these people just walk in and be just this little slice of home, it made me a little



Arianna Johnson, executive director of the Fort McMurray food bank, says staff are working fast to reopen. KEVIN TUONG/FOR METRO

Food Bank clears out, races to reopen

Service Directory To advertise call 780-702-0592

ASTROLOGY

RAM BABA ASTROLOGY CENTRE

PANDITH: RAM JI

Expert in Palm & Face Reading, Horoscope, Numerology, Vastu Shastra I CAN TELL YOUR PAST, PRESENT & FUTURE * Husband-Wife Problems * Job * Relationship * Kids Problems * Spiritual Evil Effects * Enemy * Court * Property * Family etc. SPECIALIST IN: BRINGING LOVED ONES BACK

IF YOU HAVE PROBLEMS, I HAVE 100% GUARANTEED SOLUTIONS

32 AVE AND MILLWOODS ROAD NW, EDMONTON, T6K 1J9 **NEW DAY CARE**



Little Learners Daycare

NOW OPEN at 6525 111 St NW

Now taking registrations: 780.758.9144

www.little-learnersdaycare.com

EMPLOYMENT

IN-HOME CAREGIVER.

Heritage Valley. Full time. Supervise and care for infant (3 months to 11 months old). Perform light housekeeping duties. Public transportation is available. Optional accomodation available at no charge on a live-in basis. Note: This is not a condition of employment.

Contact: nleynes@yahoo.com

We clean vinyl siding, gutters, windows, painting, carpentry and "add" jobs

Reasonable Rates! Senior Discounts Available

780.906.2744

Organization bracing for influx of new demand



Alex Boyd Metro Edmonton

In March the Fort McMurray food bank held a hugely successful food drive, raising 75,000 pounds of food for those who need it.

This week, they've started throwing half of it out.

The risk of contamination from fire means that pretty much any food not in a can has to be tossed in a dumpster and taken away.

"The purging of food has been really difficult for my staff, to throw that amount of food out is a little bit heartbreaking," said

the bank's executive director, Arianna Johnson.

But thanks to the generosity of fellow food banks and donors across the country, it's not a lack of food that's the problem as people begin returning to Fort McMurray, Johnson said.

Instead, it's the labour intensive process required to dispose of such a large amount of spoiled food.

On Thursday morning, staff and volunteers were busy sorting: tossing boxes of granola bars and Dora the Explorer gummy snacks down a tarp slide from the second flood, and unloading pallets to be sorted.

Outside, a crew of American veterans from Team Rubicon busily washed cans of food, which all have to undergo a three-step washing process.

Johnson points out the walkin fridge, which has a faint odour even standing a couple of metres away.

The monthly chicken delivery

To throw that amount of food out is a little bit heartbreaking.

Arianna Johnson

arrived right before the fire and during the evacuation power went out for seven days.

All this had led her to worry about regular clients, some of whom have come by already.

The bank isn't allowed to distribute anything until they finish the cleanup and pass an inspection.

"It's hard, but ... we have to have an Alberta health inspection, and I can't go against that," she said.

"So many of our clients have experienced such financial hardship. And they weren't able to manage where they had a home.

Now they're displaced and incurring all those extra expenses and we're not open to be able to help them."

She adds that the food bank was only considered a secondtier essential service, so staff weren't able to come back to town as early as others.

Because of the fire, they're also bracing for an influx of new clients that's in addition to already increasing demand.

Despite Fort McMurray's reputation as a wealthy city, she says demand in early 2016 was quite a bit more than the same period the year before. Demand in 2015 as a whole increased 72 per cent from 2014.

"We need to remind people that food banks aren't just about the chronically poor or people who live on social assistance, its about people who hit hard times, it's about layoffs, it's about medical issues.*

And now, they stress it's about being impacted by fire.

Chronic Shoulder Pain?

Radial Shock Wave Therapy (RSWT) is an advanced treatment for fighting chronic pain, Call Capilano Rehab at 780-466-1104 for your FREE consultation.



CAPILANO REHAB CENTRE 5832 Terrace Rd www.capilanorehab.com



UNEMPLOYED OR LAID OFF?

Consider teaching English Overseas JOB GUARANTEED!

> TESOL Certified in 5 Days

In-Class or Online > No Degree Required! 1.888.270.2941

Next in-class course: July 13-17, 2016 Travelodge Edmonton South Hotel Next Seminar: June 23°, 2016 @ 7pm Roots on Whyte hallding #305 8135 102 Street, Edmonton



globaltesol.com







\$17,990 + TAXES

2012 NISSAN ROGUE SL AWD



\$17,990 + TAXES

2013 FORD ESCAPE AWD Stock# BISZO



2010 CHEVROLET MALIBU LT1

1 OWNER WITH 69,000KM, MANY OPTIONS **INCLUDING SUNROOF**



2012 CADILLAC ESCALADE LUXURY



2014 CHEVROLET EQUINOX LTZ



2014 CHEVROLET CAMARO 2SS CONVERTIBLE

ONLY 8,000 KM

Slock# 11186596A



2010 CADILLAC DEVILLE DTS

ONLY 126,000KM, 1 OWNER,

Stock# 61147495A



^{\$}14,990

2013 CHEVROLET MALIBU LTZ



\$17,590 + TAXES

1925

CELEBRATING



YEARS

2015

www.edmontonmotors.com

115th St. & Jasper Ave.

Toll Free: 1.877.482.5771

Mon-Thurs 8:00AM-9:00PM, Fri-Sat 8:00AM-6:00PM, Sun Closed







At Save-On-Foods our customers always come first.

We understand that they are living busier and more complex lives, and are looking for more than just groceries.

Fresh Solutions are inspiring meal ideas that save time, money, are easy to prepare, and most importantly, families will love.

save on foods

PIECES OF OILERS MEMORABILIA THAT COULD BE YOURS

Want the ultimate man cave? We've got you covered.

Ryan Tumilty Metro | Edmonton

As the Oilers get prepare to move out of Rexall Place into their new digs, fans have a chance to take some of the old barn with them.

The Oilers have put up some items on the NHL. com online auction site. The auction ends June 21.

Oilers Community Foundation executive director Natalie Minckler, said the team hopes the memorabilia will appeal to Oilers fans, while raising money for the foundation.

"The Oilers are moving to Rogers Place in September, so we have the opportunity to provide some unique items to fans who want to purchases them."

Here's what's up for



Big Sign

Do you have a nine or 10 foot tall wall and nothing to put on it? How about the Oilers signs from the exterior of Rexall Place? The dimensions of the signs are just estimates for now, because the sign is currently attached to the side of the building.

Current bid: \$505

Heavy metal

The large metal sign has been in storage for a few years, but Oilers fans will remember it from the happier times of 2004, when the team was more competitive and celebrating 25 years in the NHL. The large signs hung in the building and like all of the items will come with a letter of authenticity from the team.











Gathering space

When the Oilers met to discuss the latest game in the dressing room, they likely gathered around this giant table from the locker room. The granite table is large enough to comfortably sit 14 and correspondingly comes with 14 bar stools.

Current bid: \$1,500



Illarion Shulakewych holds up his now award-winning vodka in Churchill Square, RYAN TUMILTY/METRO

Local vodka more than a pretty stick

FOOD AND DRINK

High-Stick brand wins taste award at Las Vegas show



Ryan Tumilty Metro Edmonton

An Edmonton vodka company whose product had been known for its packaging is winning awards and showing it's not just a pretty bottle. High-Stick Vodka was

named the best vodka at the America Wine and Spirits Wholesalers show in Las Vegas in April, beating out 54 other brands on display.

The trade show brings together buyers from all over the world and company president Illarion Shulake-wych said they hope it means more sales in the future.

Shulakewych launched the company in 2013 with the vodka, which is distilled in British Columbia and put into a unique bottle shaped like a hockey stick.

He said people have viewed it as a gimmick, but he hopes now that they will see it's also a quality product.

'I find a lot of people dismiss it because of the packaging," he said. "It certainly validates the quality that is

Shulakewych said he got the idea for the unique bottle a few years ago.

"I saw a sword with cognac in it and I thought it was really impressive," he said. "I thought Canadians need a totem like this,"

With the stamp of approval now in place, Shulakewych said he hopes to get a more traditional bottle for his product in place in the year ahead.

"It will cut down on the costs considerably. It will be much more competitive with the other vodkas on the market." he said.

He said since he launched the product they have received



I thought Canadians need a totem like this.

Illarion Shulakewych

a lot of interest, but also a lot of push-back from store owners that worry the unique bottle will end up broken more than sold.

"There are organizations that love the vodka, love the idea, but when it comes down to actually putting it on shelves, they are like no way."



Prep Time: 10 minutes | Cook Time: 10 minutes | Makes 3 Servings

Ingredients

1 pkg-3 Western Family Hand Stretched Pizza Crust

1/4 cup (60 mL) Basil Pesto

8 ounces (225 g) grape tomatoes, halved

3 tbsp (45 mL) pitted Kalamata olives, halved

1 cup (250 mL) Galbani fresh mozzarella sliced log

1/4 cup (60 mL) grated Parmesan

¼ cup (60 mL) extra virgin olive oil

¼ cup (60 mL) Western Family Organics fresh basil, chopped

Directions

- Preheat oven to 425°F (220°C).
- Spread pesto over mini pizza crusts. Top with tomatoes and olives. Add mozzarella and Parmesan.
- Bake for 10 minutes or until cheese has melted.
- 4. Drizzle with extra virgin olive oil and top with fresh basil. Serve.

Tip: Add any extra veggies, meats or cheese that you have on hand.



Edmonton metr@NEWS Weekend, June 3-5, 2016

IN BRIEF

Green goals costly: Expert

A study suggests that Canada can't expand its energy industry and meet its greenhouse gas targets without inflicting heavy damage on the rest of the economy.

David Hughes, former research director at the Geological Survey of Canada, says other industries must reduce their emissions by huge margins if Canada sticks to its growth projections for the oilsands and its climate change commitments.

Hughes says in a study for the University of Alberta's Parkland Institute that Canada's non-energy sector would have to cut CO2 releases by about half by 2030. He says those kind of drops would likely be accompanied by major economic turmoil. THE CANADIAN PRESS

Debate over climate bill

The spring sitting of the Alberta legislature is going into overtime as debate rages over the government's climate change bill. The sitting was supposed to end today, but will continue next week as opposition members are proposing a number of amendments.

They have particular concerns over the cost and implementation of a multibillion-dollar carbon tax that would increase the cost of heating bills and gasoline to encourage Albertans to go greener.

The bill is at the stage where members can propose changes and speak to them at length. Government house leader Brian Mason says he hopes to deal with all the amendments so that the government doesn't have to invoke its power to cut off debate to pass the bill. THE CANADIAN PRESS



Prime Minister Justin Trudeau reacts as MP Randy Boissonault raises the Pride flag Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

Pride flag on Hill a great start, MP says

POLITICS

Still much to be done for LGBT progress



Ryan Tumilty Metro Edmonton

Edmonton's openly gay MP, Randy Boissonault, raised the Pride flag on Parliament Hill this week, but said that doesn't mean the work toward LGBT equality is over.

"We have seen same-sex marriage passed by the federal government. We have seen provincial governments change laws, but we still have uphill battles to fight," said the Edmonton Centre MP.

Boissonault said the Pride flag is a symbol, but sometimes symbols can be important.

"The thing with symbols is that symbols can become substantive and then substantive change becomes a new symbol," he said.

He points to the genderequal cabinet at both the provincial and federal levels, as well as the move to put an important Canadian women on a bank note, as examples where symbols lead to real change.

"It's a symbol, but it's also a substantive change that actually changes the way governIt's a symbol, but it's also a substantive change.

Randy Boissonault

ment functions."

Boissonault also notes the federal government's anti-trans discrimination bill is still working its way through the house and said there are other issues important to the LGBT community that have only recently been dealt with.

"Look at what we went through in Alberta with GSAs, just so we can make that

change so students can feel safe in our schools."

Boissonault said when he looks back on his own experience he can see a lot of progress.

"I have seen change in my own lifetime, going to university of Alberta in the 1990s was no picnic," he said. "I wasn't even out yet, I didn't know who I was then, but for friends of mine who were, it wasn't easy."

He said the size and scope of the Pride Festival itself is an important move forward, because it's being embraced by the city.

"It's a 10-day celebration. It's two whole weekends with programming that happens in between."

ALL WEEKEND Edmonton Craft Beer Festival

(10310 102 Avenue, unit 410)

WHEN: 6 p.m. to 9 p.m.

What's

on this

A Tribute to Prince

FRIDAY

weekend

Go crazy, get nuts and look for

the purple banana while some

of Edmonton's funkiest musi-

cians pay tribute to the late, great

Prince. Tickets are \$15 in advance or \$20 at the door, but \$10 from

each ticket will go to iHuman to help at-risk youth make art.

WHERE: Dearly beloved will

gather at the Needle Vinyl Tav-

Ramadan decorating party Gather with friends to make

decorations for your home for the holy month by making

WHERE: The Green Room

ern, 10524 Jasper Ave.

WHEN: 8 p.m.

Tasbihs and crafts.

Come down and drink up. Learn about beer while you sample some (but please not all) of the 400-plus different brews on site from more than 100 breweries. Food, beer seminars and live entertainment will be part of the deal. General admission \$19 per night or \$30 for the weekend.

WHERE: Edmonton Expo Centre at Northlands, 7300

WHEN: Doors open at 4 p.m. Friday and 2 p.m. Saturday.

Nextfest

Edmonton's annual showcase of next-big-things will bring a wave of young playwrights, choreographers, songwriters, filmmakers, painters, spoken-word raconteurs and other artists to multiple stages in the Old Strathcona area. Its Nite Club series will include Out Loud: A Queer Cabaret on Saturday night following pride parade festivities.

WHERE: Friday night will kick off with shows at Faculte St. Jean, Steel Wheels Pizzeria and Roxy Theatre on Gateway.

WHEN: Events will run throughout the day and night.

SATURDAY **Edmonton Pride Festival**

The Pride parade returned to its original home in Old Strathcona last year, and after breaking attendance records with crowds surpassing 40,000, it's back on Whyte again. Colourful floats and smiling crowds will kick things off before the party moves to End of Steel Park, with vendors, beer gardens and live entertainment.

WHERE: Throughout the city **WHEN:** The parade starts at 11 a.m. Saturday on Whyte Avenue and 108 Street. The festival will continue with numerous events right through June 12.

NORTHLANDS FESTIVAL

K-Days powwow introduces culture to non-indigenous



Kevin Maimann Metro Edmonton

Treaty 6 Grand Chief Tony Alexis hopes a powwow at K-Days can be a step toward reconciliation between indigenous and non-indigenous Albertans.

A traditional powwow, complete with drums, dancing and brightly coloured regalia, will be part of the Northlands festival this summer for the first

Powwows will run daily during the fest, from July 22-31, with one grand entry per day.

"For the non-indigenous community, if they've ever wanted to go to a powwow, they're actually going to see it right here in Edmonton," Alexis said.

"It also brings the indigenous community together in

an environment that they're familiar with and they visit with family and share stories and rekindle those friendships. It's an important event."

Alexis expects indigenous people to come from across Alberta to participate.

K-Days typically attract between 700,000 and 800,000 visitors each summer for midway rides, fried food and live. entertainment.

Fildebrandt back, owns up to rashness

A Wildrose member suspended from caucus last week has returned to the Alberta legislature.

Derek Fildebrandt's suspension was lifted on Tuesday. He says the whole thing was a family dispute and it's time to move on.

Fildebrandt was suspended last Friday after he endorsed a homophobic social media posting about Ontario Premier Kathleen Wynne.

Fildebrandt quickly apologized, saying he had not read the original comment correctly.

He says he will hire someone to help him with the volume of material he gets on social media.

He admits he has been too quick at times to respond and jokes that maybe he could use a 30-second delay like bombastic TV hockey commentator Don Cherry.

THE CANADIAN PRESS



STOP WHOLESALE LIQUIDATORS

WE SAVE YOU MONEY

14715 - 131 AVE, EDMONTON • Open Every FRIDAY 10-7 SAT 10-6 SUN 10-5





Brand Name Athletic Footwear Youth Sizes, Assorted Colors/
Styles

Compare
Pricing: \$75.99 ea

\$ FOR \$6000

\$ 255
EA

Biz Collection
Dress Casual
Wear Shirts/Pants
Womens, Mens,
Youth, Asst.
Colors/Styles/
Sizes













BIZ COLLECTION











Time to make something great

COMMUNITY

Art projects abound with **Edmonton's** first 100in1Day



Kevin Maimann Metro Edmonton

No matter where you live in Edmonton, you're likely to notice some unusual public art on Saturday.

Make Something Edmonton is spearheading 100in1Day, rounding up more than 100 temporary public art projects that will all go live this week-

"We are seeing a tremendous outpouring of creativity and a tremendous variety of types of projects. And geographically, they're dispersed all over the city and even as far as Alberta Beach," said Make Something Edmonton's marketing manager Chris Gusen.

The group launched the similar DIYCity Initiative last year, which garnered 28 projects, and decided to replace it with 100in1Day — an international movement that originated in 2012 in Bogota, Colombia.

The citizen-driven projects must be non-commercial, safe and inclusive, and aimed at fostering community.

"We left it pretty open, and we were blown away to see all the creative interpretations that people had of the theme," Gusen said.



Reconciliation in Solidarity Edmonton took part in last year's DIYCity event, organized by Make Something Edmonton. This year, the event has transformed into 100in1Day, taking place Saturday across the city. CONTRIBUTED

5 PROJECTS WORTH CHECKING OUT

Tai Ziola is renting bubble machines to have bubbles flying through the air at the intersection of 107 Street and 103 Avenue throughout the day, in a bid to reclaim the space where a tragic pedestrian fatality took place.

2 Student volunteers from Eastglen and Highlands schools will write haikus, fold them into origami and hang them

from trees, before they take to the space outside of MLA Brian Mason's constituency office to make spray-chalk art.

Wesley Andreas created Animate the Alley for DIYCity last year, painting his Alberta Avenue fence and garage with bright colours. On Saturday, 11 of his neighbours will do the same thing.

Stantec will host a "build your own urban vertical garden" project outside of its downtown office, teaching people how to make drip-irrigating garden towers out of recycled bottles.

 A pop-up round dance organized by the Edmonton Heritage Council with local indigenous communities will happen — unannounced at a surprise location.



Major construction projects are planned around Alberta for years to come. You can be a part of that process. Become a Computer Aided Drafter in less than a year with Digital School Technical Design College.

FOR MORE INFORMATION CALL 780.414.0200 digitalschool.ca



10010-100 Street, Edmonton



The Diefenbunker toilets are 'pooped'

BOMB SHELTER

Cold War museum seeks help with its plumbing

It was built to withstand a nuclear bomb, but the Diefenbunker is experiencing a more mundane problem. To be specific, its toilets are busted.

Or, as the Cold War museum puts it: "There's no way around it: Our system is pooped."

The plumbing crisis has reached the point where the Ottawa attraction has issued a public request for donations to pay for the necessary repairs.

"If you've been to the museum ... you'll have no doubt noticed the many OUT OF ORDER signs that grace our stall doors," the Diefenbunker says in its fundraising appeal. "And stalls that are actually open welcome visitors with a kind reminder to hold that

flush for a count of 10."

The bomb shelter was commissioned in 1959 by then prime minister John Diefenbaker to house senior government officials in case of a nuclear attack. It was declared a national historic site in 1994 and turned into a museum three years later.

The toilets were carefully designed. According to the museum, they're mounted on rubber pads and have flexible connections to the main plumbing system "so they can't break or disconnect in case of an explosion (insert potty humour here)."

Repairing the aging fixtures is now an expensive proposition, said Alexandra Galloway, visitor services co-ordinator.

"We are a not-for-profit museum, so updating our plumbing toilets and things like that does cost quite a bit of money," she said Wednesday.

"Our goal is (to raise) \$10,000, but however much we end up getting would be great." THE CANADIAN PRESS



The Diefenbunker might survive the end of humanity as we know it, but it's struggling to live through times of no washrooms, contributed/the canadian press

Mayors promised flexible funding



Stephanie Taylor Metro | Winnipeg

The federal infrastructure minister assured Canada's big-city mayors that despite criteria required to receive millions under the first stage of his government's infrastructure program, there will be flexibility on project-by-project basis.

Amarjeet Sohi was in Winnipeg to meet with members of the Federation of the Canadian Municipalities' Big City Mayors' Caucus Thursday to discuss details on the first phase of the Liberals' infrastructure program, which will see billions earmarked for transit and waste water upgrades.

He said the money will be allocated for repairs to existing infrastructure, retroactive to April 1, as well as fund the planning, even building of new projects, so long as they are complete by March 2018.

"Having said that, we will be working very closely with each municipality in each province to understand their needs, and if there's a flexibility required

on a particular project-to-project basis, we will work with our local communities," Sohi said.

"This is about ensuring that we are here to support local communities. Your federal government is not here to tell municipalities what to do and how to build infrastructure."

"Overall, the message is flexibility and that's appreciated," Edmonton Mayor Don Iveson said of Sohi's remarks.

He also said mayors were OK with the government's twophase approach to funding \$60 billion of its infrastructure pro-

"The sooner we know money will be flowing in Phase 2, the easier it is to commit to moving ahead with the first smaller piece because you can build on top of that," he said.



This is about ensuring that we are here to support local communities.

> Infrastructure Minister Amarjeet Sohi

Harry's Suits & More

1040% OFF

It's time to refresh your suits, sports jackets, dress trousers, dress shirts, ties, shoes and more. You can now chat, email, or arrange an appointment online with one of our clothing advisors.

PLUS: AN IMPRESSIVE SELECTION OF DESIGNER SPORTSWEAR



HARRY ROSEN

HARRYROSEN.COM

Not all merchandise on sale. We charge for alterations on sale merchandise; hems on bottoms are complimentary. For Silver, Gold, Platinum and Platinum Elite clients of our Sartoria. Recognition Program, all alterations are complimentary.

France, Germany under water Gorilla

Six dead as water levels continue to rise

The rising waters of the Seine overflowed riverbanks, roads and rail tracks across Paris on Thursday, forcing authorities at the Louvre to do something they have not done in generations: hurriedly move precious artworks to higher ground.

European rivers have burst their banks this week from Paris to the southern German state of Bayaria, killing six people, trapping thousands and forcing everything from subway lines to castles to museums to shut down.

Water levels at the famous river that winds through the French capital are expected to peak Friday sometime about noon. Paris police upgraded their flood warning Thursday to "orange" — the second-highest level — for areas near the Seine. which means they believe the floods could have "a significant impact" on buildings and people.

The Louvre Museum announced it will be closed Friday to remove artworks from rooms





Residents evacuate their home in Simbach am Inn, Germany (left) and in Nemours, south of Paris (right), on Thursday. Floods inundating parts of France and Germany have left six people dead and thousands trapped in homes or cars, as rivers have broken their banks from Paris to Bayaria, GETTY IMAGES & THE ASSOCIATED PRESS

threatened by the rising waters, preventatively shifting them upstairs. Its most famous painting, Leonardo da Vinci's Mona Lisa, is staying put on an upper floor.

The Orsay museum, on the left bank of the Seine, will also be closed Friday to prepare for potential flooding.

A spokeswoman at the Louvre said the museum had not taken such precautions in its modern history - since its 1993 renovation. Some underground storerooms created during the renovation are particularly vulnerable to flood risks.

She spoke on condition of anonymity in line with the museum's policy.

The Louvre did move art to higher floors in the flood that devastated Paris in 1910, but authorities were still checking to see if similar actions had been

taken from then to 1993. About 200,000 artworks are located in flood-risk areas, mostly in storerooms.

French President François Hollande said a "natural disaster" will be formally declared next week for areas most affected by the flooding — and a separate fund will help villages and small towns deal with the damages.

In Berlin, German Chancellor

Angela Merkel, meanwhile, promised continued help for flooded areas, telling reporters Thursday that she "mourns for those for whom the help has come too late, who lost their lives."

The floodwaters in Bavaria receded somewhat and disaster relief crews were helping to clear the wreckage, but there were warnings of more storms. THE ASSOCIATED PRESS

exhibit re-opens

The Cincinnati Zoo said Thursday it will re-open its gorilla exhibit next week with a higher, reinforced barrier after a 3-year-old boy got into the en-closure, leading to the fatal shooting of a male gorilla.

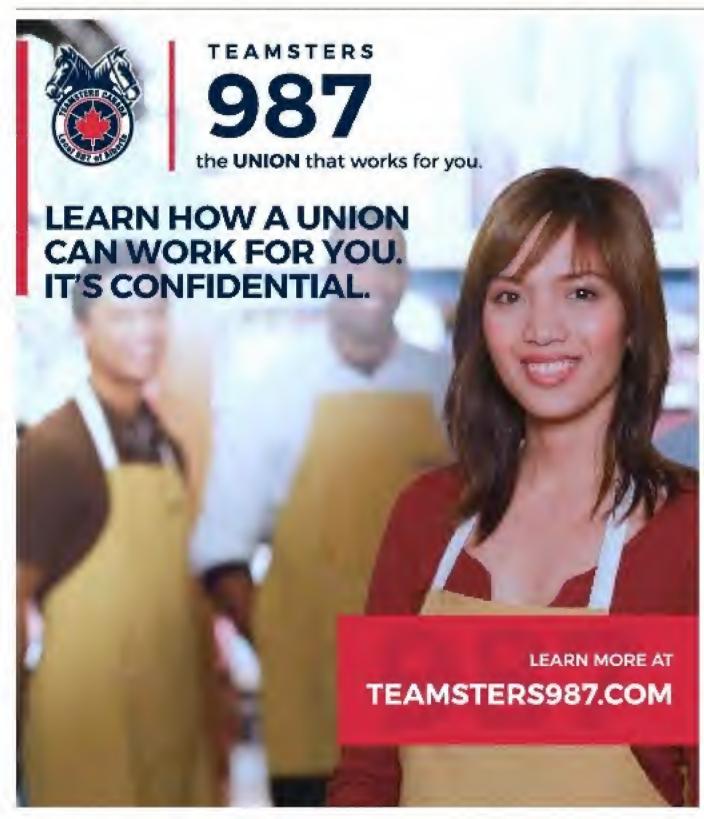
Zoo spokeswoman Michelle Curley said the outer barrier will now be 42 inches high - a half foot taller than before with solid wood beams on top and at the bottom, plus knotted rope netting at the bottom.

The zoo said there had been no earlier breaches in Gorilla World's 38-year history and that the previous barrier had passed multiple inspections.

"Our exhibit goes above and beyond standard safety requirements, but in light of what happened, we have modified the outer public barrier to make entry even more difficult," zoo director Thane Maynard.

Meanwhile, a prosecutor reviewing the police investigation of the case said he'll announce a decision on charges Monday.

THE ASSOCIATED PRESS





Exercise your arms and beef up your points.

Earn up to 6x the points on groceries every time you shop.





Earn up to 6× the loyalty card points' with the Scotiabank' More Rewards" Visa card. Apply now. scotiabank.com/morerewardsvisa



Earn 6 More Rewards points on each \$1 in qualifying purchases made on the Card, Points are not awarded for fees, cash advances (including Scotla Credit Card Cheques, balance transfers, and cash-like transactions including casinos and gambling), interest charges or other service/transaction charges, payments, or returns and other similar credits. More Rewards points are awarded to the More Rewards account of the Primary Cardbolder. Scotlabank is not responsible or liable for the More Rewards program or the use of the More Rewards loyalty card. The More Rewards program is administered by Overwaitea Food Group Ltd. See full More Rewards program terms at more rewards, ca. "Registered trademarks of The Bank of Nova Scotla." More Rewards is a registered trademark of the Overwaitea Food Group LP. All trademarks used by permission, "Visa Int./Lic. User.



WAYS BUYING CONCERT TICKETS COULD BE MADE EASIER

As Tragically Hip fans psych themselves up for what is likely to be the band's final tour, questions are again being raised about whether there's a better way to sell tickets to avoid hiked prices from scalpers on the secondary market. Here are some ideas. THE CANADIAN PRESS

Tickets that are not transferable

Some ticket sellers are already experimenting with non-transferable paperless tickets that require concertgoers to present their credit card at the venue. The process effectively counters brokers but it also forces the person who bought the ticket to attend the event themselves.

2 Filter sales by IP address

Similar to how Netflix has blocked Canadians from accessing the U.S. version of their streaming service, companies like Ticketmaster could manage concertgoers and cut down on outsiders trying to capitalize on the tour.

Transparency

is it supply and demand, or smoke and mirrors? Some suggest that ticket sellers should commit to providing information on how many tickets are on the market, kind of like we know the odds to winning the lottery. That means being clear on the number of tickets allocated to presale events, how many are given away as part of promotions, and ultimately what's left for sale to the general public.



Gord Downie Kevin Frayer/The Canadian Press

Flood the market

While music superstars love to brag about how their concerts sold out in minutes, Garth Brooks is a firm believer in saturating the market. The country singer worries less about selling out shows and more about keeping ticket prices low. When a concert shows signs of selling out his management will add a batch of new dates in the same city, which theoretically destroys a ticket's resale value.

Better fan clubsecurity

Much of the griping over the Tragically Hip presales revolved around the lack of security features enacted for the fans. Anyone who signed up to the band's newsletter was given access to a communal code that could be plugged into Ticketmaster online for advance tickets. The generic code gave anyone an opportunity to dip into the Hip's golden tickets.



ENERGY

Imperial Oil granted extra time to build gas project

The National Energy Board is giving Imperial Oil until the end of 2022 to start building the long-delayed Mackenzie Gas Project, a pipeline that would ship natural gas from the Northwest Territories to northern Alberta. The board originally approved the project in December 2010 and the federal cabinet of then prime minister Stephen Harper sanctioned it the next year. THE CANADIAN PRESS

CYBERBULLYING

Insurance to cover victims' legal costs

In a sign of the times, Chubb has brought its cyberbullying insurance to Canada.

The coverage for homeowners provides up to \$60,000 to pay for a victim's expenses related to any type of harassment and intimidation committed by computer, phone or mobile devices.

It suggests costs could include legal defence against wrongful termination or false arrest.

Costs could also include THE CANADIAN PRESS

medical treatment for mental anguish or shock, security consultants and professional public relations services.

Chubb's coverage for victims of cyberbullying was introduced in the United Kingdom in December and arrived in the United States in March.

The cyberbullying protection is now included as part of the company's family protection package.

App tracks cyclists' spending



Emma Jackson Metro Ottawa

An Ottawa councillor wants to know how you spend when you're on your bike: are you popping in to a local coffee shop? Picking up something for dinner? Maybe you're putting the final touches on a birthday present.

Jeff Leiper wants to know it all, to prove that cyclists spend money just like drivers.

"I think we're going to see quaxing become a bigger thing," Leiper said.

For the uninitiated, quaxing is, quite simply, the act of running errands by bike, foot or transit named for an Auckland, New Zealand politician who couldn't believe anyone would actually run errands without a car.

According to Leiper, if cyclists can track how they spend their money, then councillors will have more ammo when they go to council looking for bike funding.

"It's all leading to more cycling parking and cycling infrastructure," he said.

The process is simple. Cycling shoppers make their purchases, and then log the amount of money they spent on the IBikelBuy app. They can offer details right down to the shop name, and categorize spending.

Leiper expects to see a lot of coffee shop and patio users, but is "hoping to be surprised by the everyday spending."

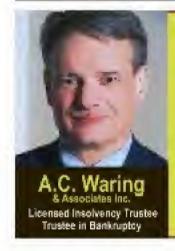
He's expanded the website he launched last year, which allowed cyclists who parked at the Fairmont Avenue bike corral in \$6,300

Last year more than \$6,300 in purchases were logged from 100 individual cyclists.

Hintonburg track how much they spent. It logged about \$6,300 in purchases from 100 individual users, Leiper said.

But the improved website and new mobile app - will hopefully make data tracking more sophisticated, he said.

For one thing, the entire downtown core is now included, in partnership with council's "urban caucus" — Mathieu Fleury, Tobi Nussbaum, Catherine McKenney and David Cher-



Debt Problems??? 780-424-9944

Foreclosure Fear?

Bank Loan Recalled? Wage Garnishment? Mortgage/Rent Arrears?

Call Us. Talk to Us. We can help you NOW.

FREE Consultation WWW DEBTER SE

20th Older, Bolder, Better!™ Exhibition

Thursday, June 9 | 9:30am to 2:30pm



Refresh Your Retirement **Updating Your Plans! Living & Learning Symposium**

DIGNITARIES & SPEAKERS: Colin MacLean, Stephen Mandel & Others! Information Trade Show • All Day Entertainment • BBQ, Bake Sale & Silent Auction

Come experience it!

and much more...

Westend Seniors Activity Centre 9629-176 Street | Ph: 780-483-1209 www.westendseniorsactivitycentre.com





Visit durabuiltwindows.com or call 780,463,4466.

"World on replacement orders booked before June 26, 2016.

Interac Debit on Apple Pay. The easier way to pay.



Add your Interac debit card to Apple Pay and pay with your own money.





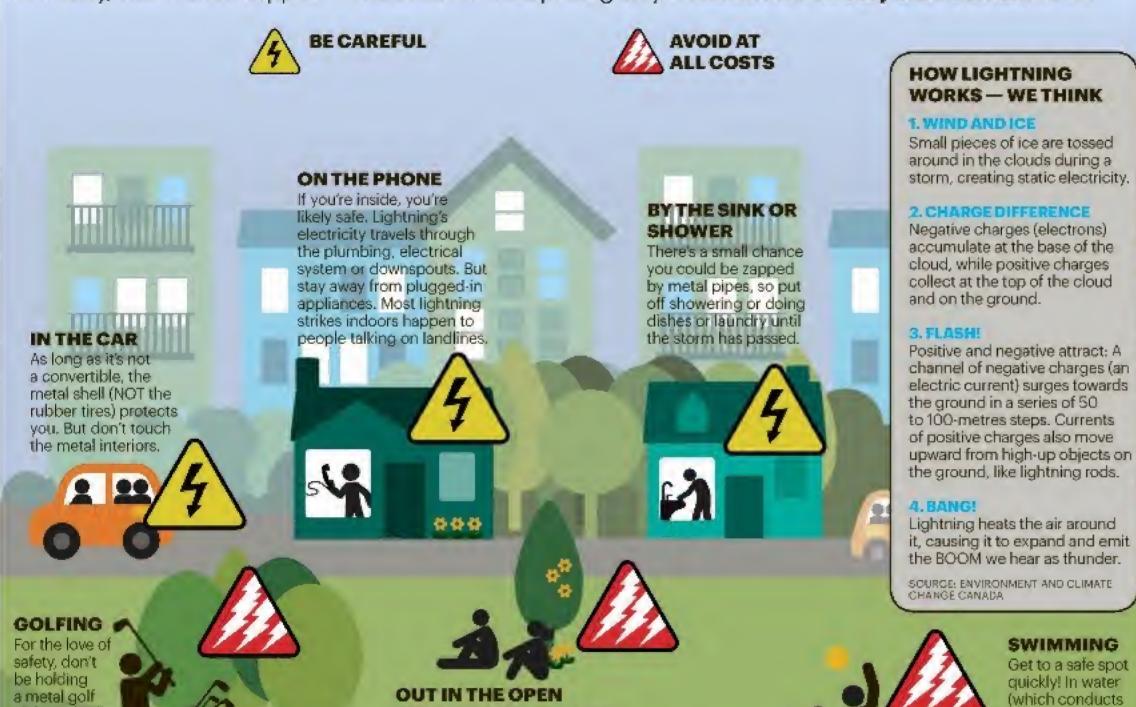
Your essential daily news

SCIENCE SAYS Weekend, June 3-5, 2016

DECODED Summer storm safety

WHEN LIGHTNING STRIKES

BOOM! CRACK! It wouldn't be summer without the sounds of a storm. It's true: Getting struck by lightning isn't likely, but it does happen - sometimes in surprising ways. Here's how to stay safe this summer.



GRAPHICS: ANDRÉS PLANA/METRO

around.

electricity), your

body is likely one of

the highest points

club, umbrella

or fishing pole!

CITIZEN SCIENTIST by Genna Buck

Is treating food with radiation a good idea?

When I get an X-ray at the dentist everyone else clears out of the room. Why then, is it OK for me to eat an irradiated burger? — Angela, Calgary

A quick refresher: Radiation is movement of energy through space in the form of particles or waves. Heat, light, sound and nuclear fission are all radiation.

The gamma rays or X-rays used for sanitizing are not powerful enough to make food radioactive. There's no atom

splitting going on here!

Take shelter ASAP; not in a shed

or under a tree. If you can't, do the

lightning crouch: Get low to the

ground with hands on your knees.

Minimize your contact with the ground.

But the radiation can kill nasty bacteria, viruses or parasites lurking in the meat. There's a good reason Health Canada has announced it wants to allow the sale of irradiated ground beef: Four million Canadians get food poisoning every year and a couple of hundred die.

There's been half of a century of research on the health effects of food irradiation. Some concerns have been raised about. the formation of free radicals

and other potentially harmful chemicals during the process. But pretty similar stuff is created when you cook meat, and the scientific consensus is that radiation by-products aren't present in high enough amounts to have significant effects. Overall, the benefits far outweigh the risks.

As for your dentist's office: X-rays aren't benign. They have damaging effects on DNA that are cumulative. Over the long term, exposure increases the risk of cancer. That's why you wear a

protective lead apron and why staff leave the room. But X-rays. don't make you radioactive.

Your question shows why so many debates on fundamental questions of science devolve into the opposing sides shouting past each other. We're not all defining our terms the same way or working with the same base of knowledge. Three cheers for scientific literacy!

Science Question? Tweet @genna buck

CHIEF OPERATING OFFICER. Sandy MacLeod

VICE PRESIDENT & EDITOR Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, Steve Shrout

MANAGING FOITOR FOMONTON Tim Querengesser

AGVERTISER INQUIRIÉS adinfoedmonton@metronews.ca General phone 780-702-0592

FREE TO SHARE

FINDINGS

Your week in science

SPOTTY INTERNET

in countries with mandatory vaccination.

HOW WE MET OUR BFF

When and where did early humans befriend wolves, eventually domesticating the chow chows, chihuahuas and retrievers of today? It's been debated for decades. An Oxford genetic study of ancient and modern canines suggests humans domesticated dogs twice, once in Asia and once in Europe.

CRISP DISCOVERY

The discovery of the CRISPR system in 2012 rocked the field of genetics, allowing for precision editing of DNA. Now a similar system has been discovered for RNA, DNA's precursor. RNA has a role in a baffling array of processes. Now scientists may be able to manipulate cells in more ways than ever before.



DEFINITION

A controversy in the epidemiology and public health literature about whether low-cost mass treatment of parasitic diseases produces dramatic improvements in health, education and the economy.

USE IT IN A SENTENCE

"Bill and Joanne can't agree on whether to see Neighbours 2 or the Angry Birds movie. I hope this doesn't become as contested as the Worm Wars."



Philosopher cat now at

Certified Pre-Owned Vehicles with Audi Care

Complimentary Service Plan from Audi Edmonton North

When you purchase an eligible Audi Certified pre-owned vehicle from Audi Edmonton North, we will include a complimentary Audi Care Certified Pre-Owned Vehicle Plan. The plan covers manufacturerrequired regularly scheduled maintenance services at 85,000 km, 100,000 km and 115,000 km, or one year from the last service, whichever comes first. Audi Certified Pre-Owned Vehicle Plan expires 7 years from the original new vehicle in-service date or at 160,000 km.





2016 Audi A4

Stock #: N6077

WAS \$ 54,775

\$47,699

plus GST



2016 Audi A3

Stock #: N6032

\$ 45,309 WAS

IS

\$41,462

plus G5T



2016 Audi A4

Stock #: N6024

WAS \$48,674

\$41,313 IS

plus GST



2016 Audi A6

5tock #: N6005

WAS \$71,209

IS

\$62,330

plus GST



2016 Audi SQ5

Stock #: N6341A

\$ 75,995 WAS

\$69,995 IS



2016 Audi 53

Stock #: N6184

\$ 51,724 WAS

\$47,995 plus GST IS

On Stony Plain NW at The Henday

Audi Edmonton North

18855 Stony Plain Road NW Edmonton, AB (587) 772-AUDI (2834) local or 1 (855) 642-AUDI toll-free

AudiEdmontonNorth.com for more details.







Audi Edmonton North

NORTH OF EXTRAORDINARY

NEED A CAR?























- HUGE INVENTORY TO CHOOSE FROM . KNOWLEDGEABLE STAFF TO ASSIST IN VEHICLE SELECTION
- DEAL DIRECTLY WITH MANAGEMENT ON PRICING
 ALL MAJOR LENDERS REPRESENTED
- SHOP TODAY-BHY TODAY-DRIVE TODAY PROCESS TO MAKE THE MOST OF YOUR VALUABLE TIME
- ALL PRE OWNED VEHICLES INSPECTED AND CAR PROOFED
- WE ASK NO CREDIT QUESTIONS UNTIL YOU ARE READY TO PURCHASE
- WE ARE PROUD TO QUOTE PRICES OVER THE PHONE
- E-BUSINESS STAFF READY TO RESPOND NOW TO YOUR INQUIRIES
- OPEN 7 DAYS A WEEK TO SERVE OUR CUSTOMERS
- LONG TERM/LOW TURNOVER STAFF AND MANAGEMENT ENSURES YOUR RELATIONSHIP WITH US LASTS



We are at 182nd & Stony Plain Road



NOT MAKE IT EASY STAND UP. WALK OUT!

- We are at 182nd & Stony Plain Road
- DEAL DIRECTLY WITH MANAGEMENT ON PRICING
 ALL MAJOR LENDERS REPRESENTED SHOP TODAY-BUY TODAY-DRIVE TODAY PROCESS TO MAKE THE MOST OF YOUR VALUABLE TIME
- ALL PKE OWNED VEHICLES INSPECTED AND CAK PROOFED
- WE ASK NO CREDIT QUESTIONS UNTIL YOU ARE READY TO PURCHASE
- WE ARE PROUD TO QUOTE PRICES OVER THE PHONE
- E-BUSINESS STAFF READY TO RESPOND NOW TO YOUR INQUIRIES
- OPEN 7 DAYS A WEEK TO SERVE OUR CUSTOMERS
- LONG TERMI/LOW THRNOVER STAFF AND MANAGEMENT ENSURES YOUR RELATIONSHIP WITH HS LASTS

▶ toll free: 1.800.252.9303

▶ service direct: 930.3167

¶ ≥ 182 street & Stony Plain Road 780.489.9999 www.dennyandrewsford.com





HEALTH CARE HERO

MEET ALFREDA

With a Degree in Molecular Biology,
Alfreda excels at small details. This
specialized scientist has big dreams of
working in healthcare. Completing the
Medical Terminology course in July fasttracked her studies into NAIT's Medical
Laboratory Technology program.

Read more at nait.ca/alfreda

"NAIT's online summer courses allowed me to study at my own pace while preparing me for my first year in the Medical Laboratory Technology program."

Alfreda Otieno
MEDICAL TERMINOLOGY 2015

Enrol in a summer course today. nait.ca/summerguide





Your essential daily news

MOVIES MUSIC TELEVISION GOSSIP

The Ninja Turtle brotherhood

IN FOCUS

Actor uncovers what makes fans connect with franchise

Richard Crouse For Metro Canada

In the cold-blooded world of turtles, Yertle, Gamera, Koopa Troopa and Fastback are hot names. But the most famous testudines of all time have to be the Teenage Mutant Ninja

Stars of movies, comic books, television and video games, the four anthropomorphic turtle brothers even had action figures and breakfast cereals as part of their reptilian empire.

They were 20th-century popculture icons, which ain't too bad for four hard-shelled crime fighters named after Renaissance artists.

Stephen Amell, who plays hockey-mask wearing hero Casey Jones in this weekend's Teenage Mutant Ninja Turtles: Out Of The Shadows, says he grew up with Leonardo, Raphael, Michelangelo and Donatello.

"The live-action films did it for me," says the actor, who was just nine when the turtles hit the big screen for the first time. "I've always ingested superheroes, especially comic book superheroes, via feature films. Like Superman, Batman, Christopher Reeve, Michael Keaton, all that stuff. When they did

the live-action turtle movie I remember my brain not being able to fully comprehend how they were going to do this. Those were seminal moments from my childhood."

The story of four pet turtles transformed by radioactive ooze into sewer-dwelling, crime-fighting ninja warriors appealed to kids, but the original 1984 blackand-white comics were dark, gritty and violent, a subversive homage to popular books like Daredevil, Cerebus and Ronin. Sharp-eyed readers of the second issue of TMNT will notice old issues of Cerebus and Ronin discarded on the floor of the Turtles' sewer home.

They sliced and diced bad guys and even uttered the odd PG-13 word.

Turtlemania really began in 1987 with an animated series aimed at younger viewers. They quickly became something of a sensation, but with popularity came an erosion of the rebellious aspects of the story. In short, they became the thing they once poked fun at.

The turtles went mainstream, and soon there were arcade games, action figures, clothing, movies and more.

Kids were taken with the turtle soup of gags, colourful characters and pizza obsession, but Amell says there is more than that to their appeal.

"At the baseline of this entire experience, we are talking about the relationship of four brothers - the relationship as they struggle through adolescence," he says. "I feel like whether you have brothers, sisters, close friends, any type of family, everyone can relate to that.

"It's this unique idea. It's so unique it tends to be universal. I don't know what the secret sauce is, otherwise I would create my own Teenage Mutant Ninja Turtles and just sit back and collect the royalties."

For many, including the crowds that will no doubt flock to Out Of The Shadows this week, the allure of the turtles is at least partly nostalgic, a return to a simpler time.

I get the feeling that for the Toronto-born Amell, the appeal is partly sentimental, partly professional.

"It's pretty cool," he says. "It's a really great franchise to be part of. It's amazing to play a character like Casey Jones. I was just at Yonge and Dundas Square [in Torontol and it is overrun with Turtles' posters. It's a dream come true."



Stephen Amell as Casey Jones in Teenage Mutant Ninja Turtles: Out of the Shadows. COURTESY JESSICA MIGLIO / PARAMOUNT PICTURES

MOVIE RATINGS by Richard Crouse

Popstar: Never Stop **Never Stopping** Teenage Mutant Ninja

Turtles: Out of the Shadows ** Me Before You Into the Forest

HOW RATING WORKS *** WORTHWHILE SKIP IT



YOUR CHANCE TO WIN TICKETS FOR YOU AND A FRIEND TO SEE JUSTIN BIEBER

ENTER TO WIN BY VISITING YOUR LOCAL:

Bluenotes'

www.urban-planet.com HURRY IN, WINNERS WILL BE CHOSEN JUNE 4th 2016!

Grand prize includes 2 tickets to the Justin Bieber concert at Rexall Place in Edmonton on June 14th, 2016 and an exclusive prize pack. Visit you local URBAN PLANET, BLUENOTES AND STITCHES for more details.

A psychologist analyzes the heroes in a half-shell



Colin McNeil Metro Canada

As the surprisingly informative theme song for the 1987 cartoon series tells us: "Leonardo leads, Donatello does machines ... Raphael is cool but rude, Michelangelo is a party dude."

But is there more to our favourite heroes in a half-shell?

We took a tumble down the proverbial manhole with Dr. Jeff Howlin, a licensed psychologist "steeped in Jungian theory" to find out what really makes the Turtles tick. Dr. Howlin put the TMNT universe under the microscope of Jungian psychology - a school of analysis named for Swiss psychiatrist Carl Jung that entails "the study of the psyche's (or soul's) tendency toward wholeness."

For Howlin, the turtles shouldn't be looked at as individuals, but as four slices of a whole mental pizza.

In his view — let's dub it Shell Theory — the four turtles represent one man's psyche.

"Yes we're talking about individual turtles," Howlin explains, "but all of this can be about the development of an individual and the different parts within them."

Each turtle represents four essential "masculine archetypes"-forming a well-rounded, healthy psyche when they work together as a team.

Michelangelo — the care-free adventurer. Donatello - the wiz kid with his head in the clouds. Leonardo — the diligent, disciplined student. And Raphael — the emotional fighter with anger issues. Each one is a splinter of the subconscious with "unique and important things to bring to the development of a single personality."

In other words, there's a little Raph, Mikey, Donnie and Leo in all of us.

"An important part of Jungian psychology is for a person to become who they are," says Howlin. The term is individuation — but just call it destiny. The turtles' journey toward being one cohesive fighting unit — their inter-family strife, and their training - is our hypothetical little boy's personality struggling to become a full-fledged man.

"If we're looking at a young boy developing into a teenager, developing into an adult, one of the tasks of the boy is to become familiar with these different parts — the Donatello, the Leonardo, the Michelangelo, the Raphael, and to get used to using them in their life," says Howlin.

"Somebody who's 12 could be really drawn to Michelangelo, and when they hit 18 they're going to be drawn to Leonardo." A whole and healthy person, he says, has access to all four turtles.

TMNT is "really symbolically talking about what's happening inside of us on an emotional level," says Howlin.



Decoding the boys in green





THE REST OF THE CHARACTERS

April O'Neil April represents the anima. or feminine archetype, present in every male mind, says Howlin, It's an important part of the male psy-

Shredder The turtles' sharp, chrome-coated nemesis is the selfdestructive part of our psyche that wants to "stop growth and development; to stop the good that's happen-

ing; to stop the striving towards wholeness. That would be the inner shredder," says Howlin.

> Casey Jones The vigilante who uses sports equipment to beat people into submission is the stereotypical male archetype that society often pushes men to be: a hyper-aggressive representation of the animus.

Splinter According to Howlin, the turtles' mentor and surrogate father clearly fits jungian psychology's wise old man archetype an often

benevolent, mystical guiding figure to psyche's central hero.



BEER FESTIVAL

JUNE 3-4 2016

PROUDLY Presented by Sobey Liquor SAFEWAY () WINE& **SAVE 15%** METR015



TICKETS AT ALBERTABEERFESTIVALS.COM



Emilia Clarke plays the central character in the film adaption of Jojo Moyes' bestselling novel Me Before You. CONTRIBUTED

From dragon lady to peppy caregiver

Emilia Clarke sees so much of herself in Me Before You

Richard Crouse



These days Jojo Moyes is a bestselling author with a movie adaptation about to hit screens.

But before she wrote her best-known book she says, "I had not troubled the bestseller charts."

The former journalist, who has written 13 novels, hit publishing pay dirt with Me Before You, a romance about a young woman who has a life-changing relationship with a paralyzed man.

"I was driving my kids home from school," says Moyes, "and I heard this story on the news about a young athlete who had been left quadriplegic after an accident.

"Several years into life as a quadriplegic he had persuaded his parents to take him to Dignitas, which is a centre for assisted suicide in England to end his life.

"I was just really shocked by this story because as a human and a parent I could not envisage how a parent would agree to do that.

"I kept thinking I would fight to the death to keep my

kids alive. Because I am an exjournalist, I started to read around it and read more about this young man and read more about the issue and I discovered it wasn't as black and white as I wanted to believe. Then it got me thinking, what would I be like if I were him? What would it be like to be his mother? What would it be like to be his girlfriend?"

The book sold north of 5 million copies and is now a movie starring Games of Thrones dragon lady Emilia Clarke. The 29-year-old actress plays the relentlessly cheerful Louisa, caregiver to quadriplegic Will, played by The Hunger Games star Sam

"I read the amazing book first," the effervescent Clarke says. "I was reading it to see if I wanted to be in it. In the first couple of pages of Lou (I thought) this is who I am. This is so much me in every way. Then there was the story itself and the beauty within it; the heartbreak, the joy and the laughter fell on top of one another and I just said yes.

"I understand (Louisa) innately because if things ever get too dire I'm going to crack

a joke. We're going to laugh through this. In those moments, at that peak when something bad has happened, and you're like, 'Let's laugh about it,' as you're laughing you start crying.

She also says she had a rigorous rehearsal process with co-star Claflin, so she got to know her character and their story really well.

"When you've got all that knowledge someone only has to say one thing and you are there because you have built her within you. You've built the story around you."

Moyes says finding the right person to play Louisa was important to not only the success of the film, but also to keep the fans of the book happy.

"I felt a huge responsibility to those people because it's not like this has only been read by 20,000 people," says Moyes.

"This is a much bigger thing. I will defy anybody to see Emilia as Lon and not feel this is a true representation of the character.

"When I picture Lou, I can't help but picture Emilia. That is how fully she has taken root in my imagination."





When I picture Lou, I can't help but picture Emilia. That is how fully she has taken root in my imagination. Jojo Moyes

CRITICS PICK "HOWLINGLY FUNNY. Whit Stillman is perfectly at home in Jane Austen's world." "A TRIUMPH.

Very funny... a master class on the art of comic timing." Los Angeles Times

"FLAT-OUT HILARIOUS.

Jane Austen has never been funnier." The Telegraph

"ONE OF THE BEST FILMS OF THE YEAR.

Kate Beckinsale's comic timing is impeccable."



A Whit STILLMAN Film

EXCLUSIVE ENGAGEMENT STARTS TODAY! CITY CENTRE

Check theatre directories for showtimes

CHIC MOUTH AFTE MARKET COME AND STATE AND COME AND STATE AND COME AND COME

24 Weekend, June 3-5, 2016 Movies | metr@LIF

Apocalyptic tale linked two talents

SUSPENSE

Ellen Page, Patricia Rozema bonded over Into The Forest



FINANCE FROM

"We hadn't met before at all," says Ellen Page of her Into the Forest director Patricia Rozema, "and you would think we would have."

A big screen treatment of one of Robert Munsch's children's books brought them together.

"I was in L.A. and checked in to go back to Toronto," says Rozema.

"Someone said, 'Are you available to meet with Ellen Page

The Exceptional

on select models

0

It had urgency. It had poetry. It had political import. It seemed to be intimate. It seemed to be really emotional.

Into the Forest director Patricia Rozema on the book the film is based on

about Paper Bag Princess?' because we were both circling around it. I said OK and unchecked in and we met and sat

Summer Event

in a café."

"We just really connected," says Page. "It was so immediate. Then I sent her (Jean Hegland's novel) into the Forest."

The Paper Bag Princess is still on the back burner, but the director says once she got to know Page she wanted to work with her as an actor and producer on Into the Forest because, "I felt she had integrity."

"After you have done a few (movies) you start thinking, I only want to work with people I want to have dinner with. Seriously. I really look much more closely at who I am working with now."

There are no hoards of maranding zombies or planet eating black holes, massive solar emptions or robots involved in their new end-of-the-world drama.

Instead it's an anti-Michael Bay apocalypse film; a dystopian story focusing attention on the aftermath of disaster and the ties that bind one family together.

"It seemed to have so many things," says Rozema on why she was drawn to the project.

"It had urgency. It had poetry. It had political import. It seemed to be intimate. It seemed to be really emotional. It seemed like it would be a visual feast and have action and suspense. I thought, 'What doesn't this have?' And it was doable for not that much money because it was basically two girls in the forest."

The "two girls in the forest" are Page and Evan Rachel Wood.

They play sisters living with their widower father deep in the Pacific Northwest forest. It's an isolated, quiet life, made quieter when a massive blackout knocks out their power.

As the days turn into weeks it becomes clear the power may never come back. The closest grocery store has run out of food and the hand-cranked radio suggests terrorism is responsible for the outage.

Violence is in the air, and when tragedy strikes the sisters are forced to become self-sufficient while living off-the-grid.

"I have always loved post apocalyptic stories, films and survivalist stuff," says Page, "and this really encompassed a lot of stuff I was thinking about at the time in terms of my relationship to the environment and society. What does that mean? What does our future look like?

"To be able to tell that story through the relationship (of the sisters), who are so powerful and so resilient, attracted me."

Rozema, who also wrote the film's screenplay, says the approach to the dystopian story isn't the only unique thing about the movie. She points out that two female leads in a film is "a rare event."

"It's ridiculous how rare that is," she says. "I said that to a friend of mine who is so progressive. He said, 'Aren't there many?' What planet are you on? I said, 'Name one.' He said, Thelma and Louise. I said, 'Name another one.' That was it."



The last few scenes of this haunting film won't sit well with everyone and are sure to spark passionate discussions, torstar news service





Exceptional exists for less than you think.
See for yourself at vwoffers.ca. Offers end June 30.



/olkswagen

"Umited time linance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jessa 1.41 Trendline [#163VF1] base model with 5-speed manual transmission with base MSRP of \$17,620, including \$1,625 freight and PDI, financed et 0% APR for 84 months equals 182 bi-weekly payments starting from \$90. \$1,300 down paymens or equivalent trade-in due at signing. Cost of borrowing is \$0 for a total obligation of \$17,620. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. "*Up to \$4,000/\$2,000/\$2,000 borus cash available to be applied as a discount on MSRP on cash purchase only of select new and unregistered 2016 Tourseg models. 'Finance payments of \$90\\$147 on the Jetta 1.4T frendline [#50x21V4]). Discount varies by model. 'Finance payments of \$90\\$147 on the Jetta 1.4T frendline [#50x21V4]). Discount varies by model. 'Finance payments of \$90\\$147 on the Jetta 1.4T rendline [#50x21V4]). Discount varies by model. 'Finance payments of \$90\\$147 on the Jetta 1.4T rendline [#50x21V4]), besed on a new and unregistered 2016 Jetta 1.4T rendline [#50x3VF1] / Tiguan PWD frendline [#50x21V4]) has emodel with 5/6-speed manual transmission. Base MSRP of \$17,620\\$26,785, including \$1,625/\$1,795 freight and 9DI, financed at 0% APR for 182 bi-weekly payments starting from \$90\\$147, \$1,300\\$0 down payment or equivalent trade-in due at signing. Cost of borrowing is \$0\\$0 for a total obligation of \$17,620\\$26,785. PPSA fee, Ficense, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may be necessary. Offers end June 30, \$016 and are subject to change or cancellation without notice. Models shown: 2016 Jetta 1.8T Highline automatic transmission, \$27,995 / 2016 Tiguan 2.0T Highline R-Line automatic transmission, \$39,993. Vehicles shown for illustration purposes only and may include optional equipment. Visit wooffers.ca or your Volkswagen dealer for details, "Volkswagen to details,"



Actor Ellen Page, left, and director Patricia Rozema CHRIS YOUNG/THE CANADIAN PRESS

GREAT VALUE. THEY SAID IT, NOT US.



- **Automatic Transmission**
- MvFord®
- SecuriCode® Invisible Keypad
- Rear View Camera¹
- SYNC® Enhanced Voice Recognition^a
- 10-Way Power Driver's Seat With Power Lumbar

OWN THE 2016 FUSION SE FWD \$22,849°

OFFER INCLUDES \$4,000 IN MANUFACTURER'S REBATE AND \$1,700 IN FREIGHT AND AIR TAX.

PLUS, GET AN ADDITIONAL

ON MOST NEW **FUSION** MODELS



IT'S **EASY** TO GET INTO A FORD

Shop now at findyourford.ca or drop by your Alberta Ford Store.



Go Further

Available in most new

pro paid subscription

((Strius XIII)) Oh hey, you're looking for the legal, right? Take a look, here it is: Vehide(s) may be shown without innoting the less. United time of less. wary by dealer. See your food Dealer for complete details or call the Ford Customer Relationship Centre at 1-000-565-3673. For factory orders, a number of selections of the same above of the same and above of the same an Force Assertations water 6 consists and freight and air tax of \$1,200 but evaluates with any CPA/SPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Upfit Program (if applicable), registration, administration feeu, any eminor mental charges or fees, and all applicable taxes. 40ffer valid between Bay 3, 2016 (the "Offer Period") to Canadian residents. Receive \$750 towards the purchase or lease of a new 2015 Mustany (excluding Medium Shelby 67 550), Jaurus. Edge, Transit Connect. Transit. 6-850 (excluding Regular Cab XL 4x2 Value)

Leadery, 2006 fluxion, Mustaing (excluding Shelby 67 550), Taurum, Edge, Flex, Explorer, Escape, Expedition, Transit Connect, & Series Cutaway, Francis, F-250 to F-550; 200 Fusion, Mustaing Jeveluding Shelby 67 550), Taurum, Edge, Flex, Explorer, Escape, Expedition, Transit Connect, & Series Cutaway, Francis, F-250 to F-550; 200 Fusion, Mustaing Jeveluding Shelby 67 550), Taurum, Edge, Flex, Explorer, Escape, Expedition Jeveluding Shelby 67 550; 200 Fusion, Mustaing Jeveluding Shelby 67 550 Taxes payable before offer amount is deducted. Offer is not rainchedwade. If he Best Eur Seal and other licensed materials are registered control the nebule. Don't drive while distracted. Even with SVML, only use phones/other devices when safe #2016 Sirius Canada Inc. "Sirius XM", the Sirius XM logo, channel names and logos are trademarks of Sirius XM lladio Inc. and are used under licence #2016 Ford Motor Company of Canada, Limited. All rights reserved.

THE TV DINNER JESSICA ALLEN



Give my partner Simon a

bone, preferably one con-

tained in a pork chop or,

on rarer occasions, a rib

eye, and he's in heaven.

But hand him a prawn to

So, after securing 10

prawns from our local fish-

monger, I stripped them of

And let me tell you, I

did it very carefully: their

two bucks a piece, I didn't

season lasts only about a

month, and at just over

want to lose a sliver of

British Colombian spot

their shells.

peel and he's put out.

We don't often see men judging themselves on screen in the same way that women do

their sweet meat.

It was a huge risk. I'd never eaten them, let alone cooked them. But I let intuition reign, grilling them on the barbecue for about 45 seconds a side after seasoning them simply with olive oil, lemon, and garlic.

I tore up some parsley from my pot of herbs to top the prawns off and, in true al fresco style, we ate them outside with our fingers. And they were perfect.

I won! Although I was competing only against myself. So we went inside to watch six grown men compete against each other in Chevalier, a film that's performed well on the festival circuit and hits select THE MOVIE: Chevalier Grilled prawns

theatres on June 3. On the last legs of a fishing trip on board a luxury yacht, the well-appointed Greek men set out to determine who is the best man via a series of challenges. How will they measure up?

It turns out their definition of manhood is varied:
From cooking techniques and the speed at which they can assemble Ikea furniture to pain thresholds and cholesterol counts, they put each other to the

test in this humorous and, at times, utterly odd odyssev.

But it's their weaknesses and faults that are the most tender and endearing, perhaps because we don't often see men judging themselves on screen in the same way that women do.

"Do you think my thighs are fat?" one of the men asks his wife during a shipto-shore-talk.

"It might be out of place to say this," Simon said when we finished, "but this is a male movie. It's about a type of competition that only exists in men; a competition with the stated goal of being the absolute best, which — in a twist out of a Greek tragedy — you are disqualified from winning by virtue of taking part in the competition."

"And it's directed by a woman!" I said (Greek director Athina Rachel Tsangari, to be precise.)

"Well, I'm shocked by that." he said. "because it's so exact! I don't know if you could get a man to be that precise about the male ego; about the male psyche." "Maybe in the same way that Cassavetes was so good at writing female parts," I said, thinking of A Woman Under the Influence.

"Yes! And I could be wrong, but I suspect that many men will have a hard time watching it."

"Because it hits too close to home?" I asked.

"Exactly," he said. "So many of their impulses the wounded vanity, being concerned with the way you look, the way you're seen - are beneath some imagined Platonic form of maleness. But they're the very root of the nature of the competition; you're competing to show that you don't have all these insecurities but the reason you're competing in the first place is because, well, you're insecure."

We sat for a moment, while the credits —all in Greek, which neither of us can read — rolled. "Those prawns were really good, right?" I asked.

"They were like the butter of the sea." he said.

Jessica Allen is the digital correspondent on CTV's The Social.

GREAT FATHER'S DAY GIFT!

DANNY

BLANCE

BLANC

COMMONWEALTH COMEDIAN

> "Danny Bhoy is at his brilliant best." Herald Sun

"One of the most sparkling wits in the world."

Montreal Gazette

OCTOBER 23 · 8:00 PM
WINSPEAR CENTRE

TICKETS AVAILABLE AT WINSPEAR CENTRE BOX OFFICE 780 428-1414 • 1 800 563-5081 www.winspearcentre.com

HAHAHA.COM/DANNYBHOY

O @OFFICIALBHOY I DANNYBHOY.COM



Prince died of fentanyl overdose

Prince died of an accidental overdose of the powerful painkiller fentanyl, autopsy results released Thursday show.

The 57-year-old singer was found dead April 21 at his Minneapolis-area estate.

According to a one-page report released by the Midwest Medical Examiner's Office, Prince administered the drug himself, but the date he took it was unknown. The office said it has completed its death investigation and had no further comment.

Fentanyl is a synthetic opioid,

50 times more potent than heroin, that's partly responsible for a recent surge in overdose deaths in some parts of the country. It also has legitimate medical uses.

The findings confirm suspicions that opioids played a role in the musician's death. After he died, authorities began reviewing whether an overdose was to blame and whether he had been prescribed drugs in the preceding weeks.

Prince's death came less than a week after his plane made an emergency stop in Moline, Illinois, for medical treatment as he was returning from an Atlanta concert. Media reported, based on anonymous sources, that Prince was found unconscious on the plane, and first responders gave him a shot of Narcan, an antidote used in suspected opioid overdoses. At least two doctors' names have come up in the death investigation being conducted by the Carver County Sheriff's Office, the U.S. Attorney's Office in Minnesota and the Drug Enforcement Administration. THE ASSOCIATED PRESS



Got Moderate to Severe Acne???

Interested in topical options...

If you have MODERATE TO SEVERE facial acne and you are 18 or older you may qualify for a research trial using ONLY topical skin medications. Eligible subjects will receive study drug creams at no cost. The duration of the study is 13 weeks (10 visits).

If you are interested, or would like further information regarding this study,

Please call Youthful Image Research Inc.:

(780) 424-4440 or visit www.youthfulimage.com

4 MILLION DOLLAR **INVENTORY SELL OFF!**

NO REASONABLE **OFFER** REFUSED!



2015 DODGE JOURNEY SXT



\$34,760

9 to Choose

UNDER 1,000KM

UNAUTHORIZED REBATE \$9,251 SUNROOF/7 BASSENGER/ SALE \$25,50



2009 JAGUAR XF SUPERCHARGED ST#09B2581

\$26,861

2013 AUDI S4 PREMIUM QUATTRO ST#13B7065 \$42,142



2014 RANGE ROVER SPORT SUPERCHARGED ST#14B2096

\$33,412

2013 BMW 328i XDRIVE

ST#13B7354

2011 HYUNDALACCENT \$7,551



2010 KIA FORTE EX KOUP \$9,498



2012 NISSAN ALTIMA 2.5 2012 MAZDA 2 GS \$9,785 \$9,930

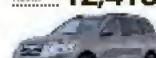


\$10,013



2014 CHEVROLET CRUZE LT \$10,370







\$13,614



2015 FIAT 500 2013 MAZDA 6 GS \$14,068



2012 NISSAN ROGUE SV AWD

2011 FORD RUSION SELAWD \$14,272 \$14,374



\$15,785

2011 JESP GRAND CHEROKEE LAREDO



2010 AUDI Q5 QUATTRO

2016 VOUKSWAGEN GOLF 1.81%



\$20.764









2011 LAND ROVER LR2 LUX

\$22,742

2014 DODGE DART GT

\$17,642



2009 BMW X3 PREMIUM



2014 FORD FUSION



2009 BWW 328 HARDTOP CONVEYTIBLE 2010 DODGE CHALLENGER R/T

\$24,875 \$24,935





2014 FORD FLEX AWD SEL

\$25,417

2012 INFINITI G37 X AWD



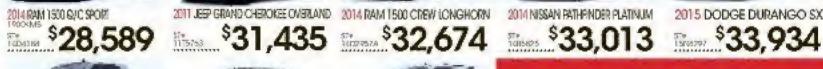




\$26,493 \$26,721

2014 RAM 1500 CREW CAB

\$44,599





\$35,976







\$46,160 \$47,965

FRESH TRADE SPECIALS



2002 BMW 525

2009 CHEVROLET MALIBU LS

\$2,671

ELIVERY ANYWHERE IN WESTERN CANADA!



toll free 1.866.310.5751

483.7516 10212-178 St.Edm

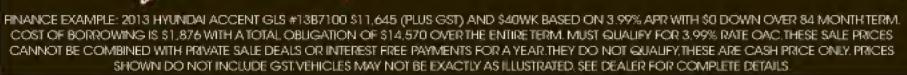




2011 FORD FIESTA SE











Need an investigator? The Lie Spotter is on it

Whether it's catching an unfaithful spouse or preventing fraud, The Lie Spotter is on

Peter Downing has been an investigator for half his life and worked for the RCMP in the Edmonton area for 10 years.

While he loved every minute of police work, he wanted to start a business to provide exceptional investigative services and business system analysis. The Lie Spotter is founded on the principle of providing clients with a powerful return on investment.

Investigations involve covert surveillance and video evidence of dishonest activity like infidelity or fraud.

"One in five permanent relationships do experience infidelity so it's an unfortunate reality but it's something where we provide real value," he says. "We treat those investigations the same way as we would treat an investigation in the RCMP so clients get full expertise and quality."

He also investigates alimony cases to determine proof of income, and child custody concerns to ensure the child is in a safe situation. His team also investigates cases of senior abuse.

"We have a real heart for that with a growing seniors population," Downing

The Lie Spotter also runs thorough background checks, which are increasingly popular among parents of the bride or groom to make sure the people coming into their families are honest.

"It's taking investigative techniques and applying it in a wider context to take care of things a traditional private investigative firm might not think of," Downing says.

Fraud, sabotage and lawsuits are incredibly expensive for corporations big and small.

Although Downing's specialty is fraud, he also has a 'black belt' in the business methodology called Lean Six Sigma. This



CONTRIBUTED

methodology has been used by major international corporations to drastically reduce operating expenditures while dramatically improving output.

"We combine that business methodology with investigation techniques and we're able to help corporations, government departments and unions drastically reduce instances of fraud while increasing productivity," Downing said.

Finally, Downing believes an ounce of prevention is worth much more than a pound of cure. The Lie Spotter also offers seminars and workshops to teach people how to spot a deceiver using advanced detection techniques.

HOW TO SPOT AN UNFAITHFUL PARTNER

SEMINAR | SATURDAY, JUNE 11

Learn how to avoid years of legal fees, heartbreak, and mistrust. 1 in 5 permanent relationships encounter infidelity - we provide video evidence to help people have peace of mind and certainty.

"Wow that was fast. How did you find him (lease skipper owing rent) so quick?" M.L. - Edmonton, Alberta

"Thank you for catching my ex-husband earning unreported income. Now he is going to have to pay his fair share of alimony." C.N. - Edmonton, Alberta

"My husband swore up and down that he was flying to Edmonton for business. You proved that he spent the whole weekend shacked up with his mistress. Thank you for helping me get past the lies and move on with my life." M.C. - British Columbia, Canada

PRIVATE INVESTIGATIONS & CONSULTING

Are you having difficulty sleeping, experiencing a loss of appetite? Are you trying to cope with depression, anxiety, or having difficulty focusing at work? Are you facing large legal fees, difficulty with child custody or alimony claims?

Peter Downing, Director and Founder of the Lie spotter, is a former RCMP officer with over 17 years of public and private investigative experience, a real asset to have on your side.

We specialize in covert surveillance and obtaining video evidence for adultery, alimony, insurance fraud, senior abuse and fraud, WCB claims, and sensitive corporate matters.

Our consulting services deal with eliminating the root causes of deception. Ideally, suited for clients who wish to prevent serious problems, for a fraction of what it would cost them to respond to the problem in the future.

CALL PETER DOWNING TODAY FOR A FREE CONSULTATION:

780-665-4974 **f** theliespotter theliespotter.com

Your essential daily news French street artist makes Louvre crystal disappear

Panoramic views from the park

GRASSLANDS

Bisson, borealis-Prairies not so plain after all

Jenn Smith Nelson For Torstar News Service

"Is there going to be anything to do?" My eldest son interrupts my count of Swainson's hawks atop passing power

His worry is tied to the increasingly vast prairie vista complete with coulees and rolling soft hills greeting us - one completely devoid of play structures and stores and stuff. I urge him to keep an open mind, reminding him this isn't a typical trip.

It's a beautiful day with light, fluffy, white clouds dotting an azure sky. After nearly four hours driving southwest, my two sons, partner and I stop briefly in the Gateway to the Grasslands, Val Marie, Sask.

Grasslands National Park, our end destination, is an impressive expanse divided into two blocks — east and west.

Visitor maps in hand, we realize we'll only be able to fit in a few activities over the few days in the park's west block, as most require driving.

Our cracked windows allow in a slight breeze carrying the sweet smell of sage-y grasses as we follow the Ecotour Road and happen upon a roadblock; a few hundred, in fact.

Bison as far as our eyes could

see litter the panorama. Sunning, sauntering and grunting, young calves mosey alongside 2,000-pound giants. Spread out like hay bales, the herd is unfazed as our slow-moving vehicle weaves along.

We arrive at the Frenchman River Valley campsite area and cart gear to our tipi while the boys head off for a well-timed, Parks Canada Junior Naturalists program.

Eager to be free, they excitedly begin searching for evidence of life in the park, armed with lists and digital cameras. Once unpacked, we sit in oversized chairs and rest, taking in the camp's panoram-

ic prairie view. It's midday when they return, grins wide, eager to share what they've learned. It's scorching

at more than 30 C, so we take refuge in the tipi, grabbing a snack before hopping back in the van to drive to 70 Mile Butte to hike and take in the sunset — a spot we've been told is the park's best vantage point.

Heading back the way we came, a sign warning of wildlife I didn't want to see rattlesnakes - greets us at the entrance to the butte's upward winding trail.

Scaling the fence, the boys jet off and keep a steady pace ahead as we meander along, stopping to read signs identifying indigenous plants and to admire lichen-covered rocks.







From the hundreds of bison that call Grasslands National Park home, to hunting for treasures to skies that leave you speechless, the area makes for a great camping trip. JENN SMITH NELSON

An hour later we are rewarded with an incredible view.

Spinning 360 degrees, we marvel at the sprawling green landscape while waiting for the sun to set. Building small rock Inukshuks cliffside, my boys make me nervous as they creep too close to the edge for my comfort.

Soon, the sun begins to dip; golden rays descend quickly along the prairie horizon. We head back knowing the dark will follow, but unexpectedly the sky comes alive.

Hues of blue from the sunset deepen against rich tones of pink and strokes of violet, stopping me in my tracks frozen by the display.

Wispy clouds shift shapes, dancing across the sky. The boys who are ahead of me finally notice, and stare mesmerized.

Camp is dark when we return and the sky decides to put on another dazzling display. This time, it's the green swirls of aurora borealis amidst a clear, starry night in Canada's darkest dark sky preserve. My eldest oohs and awws before heading in to sleep, completely tuckered.

Sitting out in the dark, we attempt naming constellations in between revelling in our day full of wildlife, skies and sights. Soon after, we head inside the tipi, snuggle up in our sleeping bags, and nod off to yips and howls of nearby coyotes.

Jenn Smith Nelson was hosted by Parks Canada and Tourism Saskatchewan, neither of which reviewed or approved this story.

PLAY Yesterday's Answers from your daily crossword, and Sudoku

	1	6	2	7	4	8	9	5	3
erstugion i nesse	8	5	9	3	6	1	2	4	7
A S A S A S A S A S A S A S A S A S A S	7	4	3	5	2	9	6	1	8
THE SHOWN	9	1	7	8	5	2	4	3	6
	3	2	4	6	9	7	1	8	5
TATENAPPA PIACES	5	8	6	4	1	3	7	2	9
ส์ สำคัด สามารถสานาย	2	3	5	1	7	6	8	9	4
2000 1000 1000	6	9	8	2	3	4	5	7	1
ALGIE SUP AVAHA	4	7	1	9	8	5	3	6	2

for more fun and games go to metronews.ca/games

metr

Tell us how you really feel.

Join our online reader panel and help make your Metro even better.

metronews.ca/panel



Grizzly Bear West Coast Day

One day fly and cruise-ship tour to Khutzeymateen BC saturday June 11th departure from Edmonton to view whales, bears & the Pacific North West.

www.ClassicCanadianTours.com Ph: 1-866-460-1415

30 Weekend, June 3-5, 2016 metr@TRAVEL

Granada's cobblestoned charm

CENTRAL AMERICA

Nicargua gives Costa Rica a run for its money

It was just over 20 years ago, when the political turnoil settled down, that a few intrepid surfers and backpackers started exploring the Pacific coast of Nicargua as an alternative to increasingly pricey Costa Rica.

Today, travellers are discovering this Central American hidden gem has volcanoes to explore, a vibrant cultural scene with non-stop festivals, and a bounty of local fresh food and drink.

"There are so many people saying 'Forget Costa Rica, that's over.' Nicaragua is the new big destination in Central America," says Raymundo Solorzano, a guide with 22 years of experience.

Solorzano is referring to the spate of articles touting his home country as the next big thing in travel, spurred on by the realization that the country is affordable and hasn't yet been plundered by large hotel and restaurant chains.

Granada, a small, traditionallooking city on Lake Nicaragua, is easily the most picturesque hub for nightlife, festivals and foodism, beating out the less walkable capital, Managua, where life gravitates towards the suburbs.

Granada is laid out in accordance with Spanish colonial urban planning, with narrow cobblestone streets spreading out from a pedestrian-friendly, tree-filled square — similar to a Mexican



La Catedral de Granada pictured here with Lake Nicaragua in the background. The Cathedral is easily Granada's most recognizable feature in a city full of beautiful colonial architecture. NICARGUA TOURIST BOARD

ocalo.

This is the town's heart, where street vendors hawk goods and bands play to tourists and families alike on weekends and holidays, all under the shadow of La Catedral de Granada, the city's most recognizable building.

Connecting Granada's central square to the malecon (the lakefront recreational area) is Calle La Calzada, a charming street that, at night, is full of people relaxing on patios, people spilling out from the sidewalk cafés, restaurants and ubiquitous Irish bars.

These bars don't just specialize in stout and whiskey, they also do a brisk trade in tropical rum cocktails, notably, the Macua, Nicaragua's answer to the Margarita.

Invented in Granada in 2006, the country's signature drink is a tart and refreshing lemon, orange and guava juice mixture, spiked with a heavy-handed pour of Flor de Cana, which, for all intents and purposes, is the country's only rum.

Flor de Cana — along with locally brewed Tona and Victoria beers — dominates bar life and cocktail culture in Granada.

On patios, people often sip the award-winning rum straight up

after dinner, along with smoking a local hand-rolled cigar, one of the country's other most valuable industries.

While the rum has a loyal local following, that's only part of the overall ethos of this remarkably locavore-friendly nation resistant to multinationals and their products.

Solorzano, who only drinks his country's native spirit, shakes

1 FUN FACT

The Survivior connecton

Many credit the show Survivor — which filmed three seasons here — for helping North Americans take to the idea that Nicaragua is a desirable destination.

his head disapprovingly at the prospect of solera-style rums made in "far away" places such as Guatemala. He says this extends to eating and points out there are very few American fast-food outlets in Nicaragua.

"The most popular fast food here is the fritanga," Solarzano explains, referring to small family-run, casual restaurants that specialize in grilled meat and chicken entrees served with fried plantains and gallo pinto (rice and beans).

There is no shortage of higher-end and more adventurous eats to be found in surf and turf restaurants, where Nicaraguan grass-fed beef and local fresh seafood is plentiful. New restaurants that incorporate more eclectic styles and Asian influences, vegetarian foods and bocas bars (like tapas) are starting to crop up all over Granada and other tourist areas.

Solorzano believes the best Nicaragua might do is resist foreign highrise hotels that seem to crop up in popular beach destinations, such as and Panama and Acapulco.

But, for now, Nicaragua's still affordable, charming, and the perfect place to drink up good, fresh, local fare.

Not to mention a few tasty Macuas, TORSTAR NEWS SERVICE





The Ayrshire coast has links to historical figures like William Wallace. Today the area is known for links like the Trump Turnberry (shown), recently relaunched by controversial U.S. presidential candidate Donald Trump, the Royal Troon — hosting the Open Championship in July — and the grandaddy of courses, Prestwick. CONTRIBUTED

AYRESHIRE COAST

Area hosts some of the best golf in the world

Brian Kendall For Metro Canada

Home to Royal Troon, Prestwick, Trump Turnberry and other hallowed links, Scotland's Ayrshire coast is anticipating its most exciting golf season since the first-ever Open Championship was played here in 1860.

On June 1, Donald Trump relaunched the famous Ailsa

course at his rebranded Trump Turnberry Resort. Ailsa's almost complete redesign by star golf architect Martin Ebert is part of a \$500-million makeover of a 149-room luxury property acquired by the U.S. presidential hopeful in 2014.

Easily the most anticipated of all the changes made to Ailsa, which has hosted four Opens, is the transformation of the iconic par-four "lighthouse" hole into what Trump with typical immodesty calls "the most spectacular par three in the world."

An even bigger story is the Open's return to Royal Troon Golf Club, July 14 to 17.

Rory McIlroy, Jordan Spieth and the world's other top players will challenge a classic



Full of blind shots, crazy bounces and other quirks, Prestwick has hosted 24 Opens, including the first 12 ever played.

windswept links where the first nine holes run entirely alongside the sea.

Host of eight previous Opens, Royal Troon is best known for its evilly bunkered par-three eighth hole, called the Postage Stamp. Just 123 yards long, it's the shortest hole in Open Championship golf.

Set on the shores of the Firth of Clyde in southwest Scotland, the district of Ayrshire is steeped in history, with links to William Wallace, Robert the Bruce and Scotland's national poet, Robert Burns.

The clay and thatch cottage where Burns was born is now a museum in the village of Alloway.

The seaside towns of Ayr, Girvan, Irvine, Largs, Prestwick and Troon are all popular with visitors. Others make nearby Glasgow, Scotland's largest and most vibrant city, their home base. Glasgow essentials include a shopping spree on Buchanan Street, a grandstand seat at a Celtic or Rangers soccer match, and a tour of Kelvingrove Art Gallery and Museum, the most visited museum in the United Kingdom outside of London.

Glasgow is an easy drive from most of Ayrshire's 44 18hole golf courses, including three more that rank alongside Royal Troon and Trump Turnberry among the world's outstanding seaside links.

Founded in 1897, Western Gailes Golf Club is a wonderfully natural design that wends through dunes on a spit of land by Irvine Bay.

Some greens fold as if organically into the rumpled landscape, with others protected by sentinel-like dunes.

Just across the railway tracks from Western Gailes is Dundonald Links, which opened in 2003 but feels a century older. This acclaimed design by Kyle Phillips will host the European Tour's Scottish Open for the first time in 2017.

But the granddaddy of all Ayrshire courses is Prestwick Golf Club. Full of blind shots. crazy bounces and other quirks, Prestwick has hosted 24 Opens, including the first 12 ever played. Designed by the immortal Old Tom Morris, the course features six of his original greens, as well as three original holes.

Though no longer in the Open rotation, Prestwick is still a must-play for everyone who loves the game.

Visit Brian's website at canadiangolftraveller.com

JOY THE VIEW

fullest with high-quality LASIK and the lowest price. Guaranteed.



Starting at \$490/eye*

Book a free consultation at 1-855-301-2020 or lasikmd.com

Dwane Casey and the Raptors have reportedly agreed on a three-year, US\$18-million contract extension

problems resolved

It has been a most unusual buildup to the Summer Games for the Canadian Olympic Com-

The COC was rocked last year after allegations of sexual harassment were levelled at former president Marcel Aubut, who resigned in October. Olympic rower Tricia Smith took over as president, the COC agreed to make organizational changes after a third-party review, and two executives and a manager were fired.

With the Rio Games now just two months away, COC chief executive officer Chris Overholt said Thursday that the committee has taken on its challenges and is looking to the future.

Canada won 18 medals (one gold, five silver, 12 bronze) at the 2012 Games in London. The team's goal for Rio is a top-12 finish in the medal standings.

"I certainly think that we've taken it head on," he said. "We've addressed the changes that we felt we needed to make urgently. And look, he's gone and we've moved forward. We've made additional changes to our policies. We've added some very significant board members that I know are going to help with matters of governance. We're in the middle of a governance review. We've taken some really good strides.

"As we've said, we all need to own it but we've done that and we've moved forward. We've still got more work to do and we're excited about that." THE CANADIAN PRESS

As we've said, we all need to own it but we've done that and we've moved forward.

Chris Overholt

Chief says Pens coach snubs have been cheating claims

Crosby accused of underhanded tactics in the

faceoff circle

STANLEY CUP FINAL

Coach Mike Sullivan says that if Sidney Crosby is cheating in the faceoff circle, so is everyone else.

The Pittsburgh Penguins coach defended his star centre. on a conference call on Thursday against charges from some San Jose Sharks that Crosby has been getting away with mischief in the faceoff circle.

Crosby won a draw in the San Jose zone that led to Conor Sheary's game-winning goal in overtime on Wednesday to give the Penguins a 2-0 lead in the best-of-seven Stanley Cup final. San Jose forward Logan. Couture said Crosby is given a pass by officials "because of who he is," while defenceman Marc-Edouard Vlasic said he "should have been kicked out" on the decisive draw.

The Sharks may have been trying to get officials to watch Crosby more closely on faceoffs, but Sullivan said he is not

"All centres that go in and take faceoffs are trying to get an edge," said Sullivan. "That's just the reality of it.

"They're doing the same

things that our guys are doing. The way I look at it, that's all part of being a centre-iceman and trying to figure out ways to get an edge and be successful. Sid's not doing anything that their guys aren't doing. Quite honestly, it really isn't worthy of a response. My main focus is our group and our mindset going into Game 3. We want to make sure we focus on the task at hand."



Sid's not doing anything that their guys aren't doing. Quite honestly, it really isn't worthy of a response.

Penguins coach Mike Sullivan

Game 3 is set for Saturday in San Jose.

Crosby called the play that led to the game-winner to his teammates on the ice. He drew the puck back to Kris Letang who, instead of shooting, found Sheary open in the slot.

"He's a great leader," said

Sullivan. "He takes charge of his line; he takes charge of situations on the ice.

"He's reading in the true sense of the word and that was just an indication of it in the overtime."

Sheary, a 23-year-old rookie who has been put on Crosby's line despite all the attention and expectations that come with it.

been called up he's brought more of a level of consistency to his game and has brought

"I can't say enough for what he's done for us in the post-season. He plays a lot of critical minutes for us."

THE CANADIAN PRESS

He also had high praise for "He's had a whirlwind of a year with being called up and sent down a few times," said Sullivan. "But each time he's more of a contribution.

> Sidney Crosby has won 52.69 percent of his faceoffs this post-

DREW HALLOWELL/GETTY IMAGES

IN BRIEF

Ali hospitalized for respiratory issue

A spokesman for boxing great Muhammad Ali says the former heavyweight champion is being treated in a hospital for a respiratory issue.

Bob Gunnell said Thursday that Ali is being treated by doctors as a precaution. He says the 74-year-old is in fair condition, but declined to say where Ali is hospitalized or when he was admitted. THE ASSOCIATED PRESS

England defeats 10-man Portugal

Chris Smalling headed in a late goal as England finally broke down 10-man Portugal to secure an underwhelming 1-0 win in the final European Championship warmup game for Roy Hodgson's team.

Portugal, without a rested Cristiano Ronaldo at Wembley Stadium, still has another friendly Wednesday against Estonia before heading to France.

Portugal coped well Thursday after the 35th minute, when Bruno Alves was disTHURSDAY In London





missed for a high kick on Harry Kane, until Smalling's 86th-minute goal.

England opens Euro 2016 against Russia and Portugal's first game is against Iceland. THE ASSOCIATED PRESS



Serena rallies from brink of elimination



Serena Williams ERIC FEFERBERG/AFP/GETTY IMAGES

Defending champion Serena Williams pulled out quite a comeback in the French Open quarterfinals, coming back from a set and a break down to beat Yulia Putintseva 5-7, 6-4, 6-1.

How close was Williams to her earliest exit at a Grand Slam. tournament since Wimbledon in 2014? Putintseva, who is from Kazakhstan and ranked only 60th, twice was a point from serving for the biggest victory of her career.

THE ASSOCIATED PRESS



Michael Bisping topped Anderson Silva in his last UFC fight on Feb. 27 in London. NIKLAS HALLE'N/AFP/GETTY IMAGES

Title shot after 10 years

Englishman Bisping hoping for more latterday magic

Michael Bisping fought for 10 years and 25 UFC bouts to get the opportunity that finally arrived in a rush last month.

The 37-year-old middleweight has beaten stars, lost to drug cheats and made millions in mixed martial arts, but he had never fought for a UFC title. A flamboyant English bad boy who promotes as well as he fights, Bisping thrived for years as a vil-

lain before emerging as a grudging fan favourite for his verbal dexterity and sheer tenacity in a

notoriously fleeting profession. When an injured Chris Weidman suddenly dropped out of his rematch with middleweight champion Luke Rockhold two weeks ago, the promotion needed a replacement contender for the main event of UFC 199 at the L.A. Forum on Saturday night.

Bisping (29-7) suddenly had the opportunity he had craved for a decade, albeit with no training camp against an opponent who already beat him 19 months ago.

The circumstances aren't ideal, and not many people outside his camp expect him to claim Rockhold's belt. Bisping only

I'm expected to lose. That's awesome, because I'm going to go out there and I'm going to show off to the world.

Michael Bisping

sees the opportunity that eluded him for so long.

"I get to walk in on two weeks' notice, I get to punch him in the face, and I finally get to become UFC champion," Bisping said. "It's my destiny."

Bisping never gave up on his dream to wear a UFC title belt, but realized that he had faltered just often enough to make it unlikely.

He was on the brink of a title shot when Dan Henderson knocked him out at UFC 100 seven years ago. He lost another title eliminator in 2012 to Chael Sonnen, and that defeat began a string of four losses in seven fights culminating in that secondround submission loss to Rockhold (15-2) in Sydney.

But Bisping rebounded with a strong recent run capped by a cathartic victory over former middleweight champion Anderson Silva in February.

THE ASSOCIATED PRESS

metr# OBITUARIES

REID, Yvonne

On June 1, 2016, Yvonne Reid of Edmonton passed away at the age of 63 years.

Yvonne is survived by her children, Pam, Darren (Terry Lynn), Michelle (Stjepan) and Armand (Tiffany); grandchildren, Sean, Sydney, Bailey and Ayden; siblings, Elma, Viola, Judy, Eleanor and Anthony; and numerous nieces, nephews, relatives and friends. Predeceased by her parents, Edward and Christina; brother, Mike; sisters, Annabelle, Rose and Louise; husband, Randy; and special friend, Bob.

Thank you to South Terrace Continuing Care Centre and Unit 54 at the Royal Alexandra Hospital for their care and compassion. In lieu of other tributes, donations may be made to the Bissell Centre, 10527 - 96 Street, Edmonton, AB T5H 2H6.

Photos, memories condolences may be shared through www.parkmemorial.com. Park Memorial

Edmonton 780-426-0050 Family Owned Funeral Home, Crematorium, Reception Centre





THE **HANDY** POCKET VERSION!

Get the news as it happens



ro place an ob

www.metronews.ca/obits

BASEBALL IN BRIEF

Bombs away in Baltimore

Mark Trumbo and Adam Jones each homered twice. Manny Machado delivered a tiebreaking drive in the seventh inning and the Baltimore Orioles hit a season-high seven long balls in a 12-7 victory over the Boston Red Sox on Thursday

Chapman gets out of jam

Yankees closer Aroldis Chapman pitched out of his own bases-loaded, noout jam in the ninth inning. helped by a slick double

play as New York held off the Detroit Tigers 5-4.

Champs fall in Cleveland

Mike Napoli's sacrifice fly scored Francisco Lindor with the winning run to cap a two-run ninth inning and the Cleveland Indians defeated the Kansas City Royals 5-4 on Thursday night.

Cleveland rallied against Joakim Soria (2-2), filling in as closer for Wade Davis, who had pitched three of the last four days THE ASSOCIATED PRESS.

Cubs get emphatic series win over L.A.

Kyle Hendricks is suddenly pitching deep into games and dominating while he's doing it. His latest outing was about as impressive as the complete game he threw in his previous start.

Hendricks was in control for eight innings and the Cubs backed him with four home runs, beating the Los Angeles Dodgers 7-2 Thursday for their eighth win in nine games.

Javier Baez, Jason Heyward and Kris Bryant connected THURSDAY In Chicago



DODGERS

against 19-year-old Julio Urias (0-1). Anthony Rizzo hit a leadoff homer against J.P. Howell in the eighth as the major league-leading Cubs took three of four from the Dodgers. THE ASSOCIATED PRESS

RECIPE Black Bean Burger



Ceri Marsh & Laura Keogh For Metro Canada

Make summer's ultimate dinner the burger — healthier and more budget friendly by using black beans. This veggie burger has great depth of flavours even meat-lovers will approve of.

Ready in

Prep time: 10 minutes Cook time: 10 minutes

Ingredients

- 2 x 14 oz. cans of black beans -1 egg
- 1/4 cup of panko (or plain breadcrumbs)
- 2 tsp cumin
- 1 tsp dried oregano
- 1/4 tsp cayenne 1/4 cup fresh cilantro
- 3 Tosp oil

Directions

1. Rinse the black beans in a colander. Add one can of beans, panko, cumin, oregano, cayenne and the egg into a blender. Pulse it until it forms a purée. Empty the blender contents into a bowl. Stir in the other can of beans and the cilantro.

- 2. Use your hands to form into patties.
- 3. Heat oil in a pan to medium then gently place your patties in. Cook for 5 minutes a side.
- Use a thin, flexible spatula to loosen the patties and flip. Cook for another 5 minutes.
- Serve on a bun with your. favourite toppings, like tomato, avocado, lettuce, salsa, spicy mayo.

FOR MORE MEAL IDEAS, VISIT

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. Butterfly's cousin. 5. Havana's locale 9. "Fatigued!" 13. Boyfriend 14. "Step ___!" (Hurry!) 15. "Flashdance" (1983 star Michael 16. Particular philosoph pupil of Plato's 18, "ER" actress Laura 19. Ms. Holmes 20. Tattletale 21. 1977 Steely Dan album 24. Little laugh, -Hee 25.Stateliness 26. Judy Garland's daughter Ms. Luft's 28. Actress Rooney, and surnamesakes. 29. "_ '_ In" by Wings 30. Show ticket, informally 31. Alsatian artist Jean 34. Leading lady in "Austin Powers: International Man of Mystery" (1997): 2 wds. 37.Bill __ 'The Science Guy' 38. Joie de vivre 39. Detection device 40. The _ (Winnipeg. meeting place) 41. Stow cargo in a ship's hold 42. Cultural tourist attractions.

1	2	3	4		5	8	7	8			B	10	11	12
13		Т			14					15				T
16				17						18				T
ı			15						20					t
21	22	23		24				25						1
28			27		\vdash		28							
29						30						31	35	33
34	T				35		\vdash				36		Т	F
37				38						39				t
			40						41					T
42	43	44						45				46		T
47	Т						42				49			
50						51						52	53	64
55						Se					57			1
58		-				59	\vdash				ec			+

48. Engraved head necklade piece 50. Cache 51. Artifact recovered from HMS Erebus: 2 wds. Commonplace 56. Cash register drawer

57. "Stay" by Rihanna

feat, Mikky_ 58. Without 59. Daisy's optimistic pal? 60. Elwy _ (Moviesloving Member of the Order of Canada)

DOWN 1. Entrepreneur's

2. Atop, in verse 3. Cocktail, Mai_ 4. Com cast-off

5. Wetland in Hamilton, __Paradise 6. Free from knots

7. Nastiness 8. Aria in Bellini's

1835 opera I Puritani:

"___, O Cara" 9. Farm animals 10. Tomato sauce brand 11. Vertical 12. -washy

15. 'Teenage Mutant __: Out of the Shadows" (2016) 17. 'Meeting of the

Watera' Nova Scotia village 20. "American Horror Story" actress Ms. Paulson 21. "Fame" (1980) actress Debbie 22. British actress Ms. Richardson 23. Bandleader Mr. Shaw 25. Village People hit: "__ Man" 27.Pince-_ (Eyeglasses style) 28. Combo canines 30, Office worker 'tables' 31.Red _ (Tree in British Columbia) 32. Steal, archaically 33. Heat-resistant glassware 35. "Objective,__!" (1945) starring Errol Flynn 36. Celebritydom's Charlotte 40. Super scrumptious spreads 41. 80s British band, __Red 42. Boat poles 43. 'U' of UHF 44. "Never Been to __" by Three Dog Night 45. Music: Nine Inch whats? 48. Blue-_stock 49. Carry out the command 51. Irish actor Mr. Townsend, to pals 52. Mr. from "Lost" 53. Initials-sharers of Phoebe's portrayer on "Friends"

54.Fate

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

45. Nothing

tor Mr. Murphy

46. CBC commenta-

47. Llama-like animal

Aries March 21 - April 20 Don't take it personally if relations with siblings, relatives and neighbours are strained today. A lot of people feel this way today. It's just how it is.

Taurus April 21 - May 21 Financial matters might disappoint you today. Quite likely, something will happen that makes you feel broke. Join the club; we number millions. You can overcome this hurdle another day.

Gemini May 22 - June 21 Relations with partners and close friends are strained today, definitely. Just don't expect too much from anyone. Easy come, easy go. It's no big deal.

Cancer June 22 - July 23 You might feel lonely or out off from others today. This is a fleeting thing. Tomorrow is a good day to make new resolutions, because it's a New Moon.

Leo July 24 - Aug. 23 Someone older or more experienced might be critical of you today. (This always goes over like a lead balloon.) Just cope as best you can. Don't take it personally.

Virgo Aug. 24 - Sept. 23 Relations with the family authority figure will not be easy today. Therefore, avoid an important discussion if you can. In fact, run the other way!

Libra Sept. 24 - Oct. 23 You might be discouraged or worried today. Please know that this is just a temporary frame of mind; don't let it get you down. Tomorrow you can make new resolutions that are exciting.

Scorpio Oct. 24 - Nov. 22 This is a poor day to propose your financial ideas or to buy or sell anything, because someone will block your plans. Many people meet with obstacles today.

Sagittarius Nov. 23 - Dec. 21 This is a dicey day for dealing with partners and close friends. However, all relationships go up and down, don't they? It's just for one day.

Capricorn Dec. 22 - Jan. 20 You might feel lanely or out off from others today. The irony is that you are building the fence that imprisons you.

Aquarius Jan. 21 - Feb. 19 Don't be discouraged if someone older criticizes you or shoot down your plans. This is happening to a lot of people today.

Pisces

Feb. 20 - March 20 This is a poor day to ask for approval or permission from anyone in a position of authority. Quite likely, the person's answer will be, "Talk to the hand." Choose another day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

9		3			7 9	1		4
		1	,	4		7		
1	2			7				
		8		3		9		
				3 9 8			5	7
		7		8		5		
			5					
6		4	7			2		9

metr OBITUARIES

Metro is now publishing Obituary notices

To place a notice, go to obits.metronews.ca

SINGLE GAY MAN?

Tired of the daily grind? Want to experience life?

Young successful businessman socks an open minded manfor compartionatip. One who enjoys an active lifestyle, loves mand and wants to experience life.

Will take care of you, support you and help you chase your

Please born a dataled message: (780) 628 5844

िर्मात्त्रीत, राजस्थार्ताक्ष्या, श्रीमा भागि, हो इंग्रेस्ट्राई dureus Hittoria, installera spora litti, radin, alementus),

DEBT CAN HAPPEN TO ANYONE

You have options. BDO can stop the harassing phone calls, and help you take control of your debt and your future.

CONTROL YOUR FUTURE

Licensed Insolvency Trustees 650 - 10303 Jasper Ave., Edmonton, AB T5J 3N6 (780) 424-3434



LAKEWOOD CHEVROLET

#-1

CANADA'S # ERSHID

GOOD PEOPLE → GREAT SERVICE



THE BIG DISCOUNTS ARE BACK AT LAKEWOOD CHEVROLET

20% 20% SELECT MODELS

DON'T MISS THESE HUGE SAVINGS

CALL DEALER FOR DETAILS 780-462-5959





LAKEWOOD

CHEVROLET



GOOD PEOPLE → GREAT SERVICE

9150-34 Avenue www.lakewoodchev.com

780-462-5959

Weekdays 8:30-9:00 Friday 8:30-6:00 Sature

Friday 8:30-6:00 Saturday 8:30-5:30

SUPE VALU OPEN 1

S

4

JUNE

00

JUNE

9

JUNE 10

=

JUNE

12

JUNE

3

JUNE 14

NUNE 15

JUNE 16

JUNE 17

JUNE 18

JUNE

19

LIQUOR

4506 - 118 AVENUE NW, EDMONTON
16102 STONY PLAIN ROAD NW, EDMONTON
12068 JASPER AVENUE NW, EDMONTON
973 ORDZE ROAD, SHERWOOD PARK

(Opposite Ordze Transil Centre) Tel: 780-298-0204 www.supervalueliquor.ca

OPEN 10am TO 2am 7 DAYS A WEEK!



























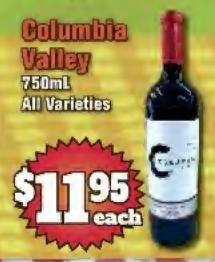












TO GET THESE SUPER DEALS Valid Friday, June 3rd to Sunday, June 19th, 2016

Please Drink Responsibly